



## Choice...

### **Patients can expect:**

- Reasonable adjustments are made to enable person centred care
- Good communication to enable informed choices
- Accessible patient information on care and treatments

## Independence...

### **Patients can expect:**

- Accessible signage
- Support for young people as they move into adult services
- Interventions to promote independence

## Rights...

### **Patients can expect:**

- The Mental Capacity Act will be upheld to enable quality, person centred care
- The right to have their wishes respected in relation to their care

## Inclusion...

### **Patients can expect:**

- Accessible information on wards
- Inclusion in decision making for their own care pathway
- Patient forums to listen and respond to their views

## Choice...

### Trust staff will:

- Communicate in an accessible way to enable informed choices
- Give accessible information on their care and treatments

## Independence...

### Trust staff will:

- Promote independence in decision making
- Give accessible information on wards

## Rights...

### Trust staff will:

- Adhere to legislation including:
- Mental Capacity Act
  - Disability Discrimination Act
  - Ensure equal treatment for patients with learning disability

## Inclusion...

### Trust staff will:

- Ensure patients are included in decision making processes
- Ensure carers' and advocates' views are considered

## Mental Capacity Act...

### Five principles

- P – presume capacity
- L – least restrictive
- U – unwise decisions
- M – maximise understanding
- B – best interests of patient

### Decision making

Can the patient:

- C – communicate their decision?
- U – understand the decision to be made?
- R – retain the information given?
- B – balance the risks and benefits?