

Annual Palliative Training Programme Information Pack for Dudley Economy

Introduction

Dudley Macmillan Specialist Palliative Care Team aims to provide an annual palliative training programme to support local clinicians and support workers with best practice in palliative and end of life care. The programme includes sessions for:

- Registered nurses working in the acute, community, hospice and care home setting
- Allied Health Professionals and Social Workers can also access the programme
- Health care assistants / carers working in the acute, community, hospice and care home setting

Registered Nurses

It is recommended that qualified nurses (acute and community) undertake the following sessions within 1 year of starting with the Trust:

- Syringe Driver Management
- Communication Skills
- Care of the Dying

Hospice staff need to follow hospice requirements.

All qualified nurses both acute and community should update their palliative knowledge and skills by completing at least 2 sessions from the programme every 3 years. This is in addition to syringe driver management/ theory updates which are provided by Medical Devices.

Allied Health Professionals (AHP's) and Social Workers

AHP's and social workers can access any of the sessions from the palliative programme. However, the following sessions may be more relevant to these professional groups:

- Care of the dying
- Communication skills
- Palliative care emergencies
- Non malignancies and end of life care

Health Care Assistants (HCA's) / Clinical Support Workers (CSW's) (Band 4 and below)

HCA's / CSW's and carers working in any setting can access the sessions specifically for unqualified staff. These include:

- Caring for patients with end of life care needs
- Communication skills training

All new HCA's/ CSW's and carers to the Trust working in the community and acute setting should complete the 2 sessions within the first 2 years. HCAs and carers should then update at least one session every 2 years.

Competencies

Dudley have published core competencies for end of life care. The sessions within the palliative care training programme can be used to support development of core competences along with mentor support. Every ward area or community team will have a palliative care champion within their area with EOL competencies. For further information on competencies please contact your EOL champion or a member of the palliative care specialist team.

External training

- External training in palliative care is also provided by local hospices, namely Compton Hospice. These sessions are provided as part of a West Midlands Education Consortium for Palliative Care. There is no set programme, but session details and booking information is forwarded by these organisations to education and Palliative Care leads for dissemination to community teams. The majority of these sessions will have a training cost.

Please go to the next page to see the courses available

Syringe Driver Training OPEN session for Registered Community Nurses and Practitioners	
Aims of session	<ul style="list-style-type: none"> • Update session for qualified community nurses using syringe drivers in palliative care • To have an understanding of DGH Syringe Driver Policy and syringe driver management resources • To have an understanding of management of syringe drivers for palliative care
Learning Outcomes	<p>Session will include:</p> <ul style="list-style-type: none"> • Use of syringe drivers in palliative care • Prescribing and authorisation to administer medications for syringe driver • Commonly used medication in a syringe driver and compatibility • Equipment need to set up a syringe driver • Procedure for setting up a syringe driver • Documentation and monitoring to support use of syringe driver and care of syringe driver • Resources available to support syringe driver management
KSF dimensions and core competencies for end of life care	<p>This session can support evidence for HWB5 and Communication</p> <p>This session can support evidence for core competencies in communication and advance care planning, assessment and care planning, symptom management, maintaining comfort and dignity.</p>
CQC	This session can support evidence for care Quality Commission Dimension 4 - Care and Welfare of People who use the Services (including end of life care)
Target Audience	Registered community and acute nurses.
This session will be delivered by:	Facilitated by the Clinical Skills Team, RHH
<p style="text-align: center;">Who should attend</p> <p style="text-align: center;">The session is available to Registered Nurses in Dudley Group of Hospitals FT, acute and community.</p>	
<p style="text-align: center;">Booking a place</p> <p style="text-align: center;">All applicants please book via email to El.Pujeh@dgh.nhs.uk or Angela.Dann@dgh.nhs.uk</p>	

Symptom Control in Palliative Care for Registered Community Nurses and Practitioners

13th April 2016 - 9.30am – 4.30pm. Mary Stevens Hospice

5th October 2016 - 9.30am - 4.30pm. Education Centre, RHH

Aims of session

To have an understanding of pain management in palliative care and causes of nausea and vomiting in palliative care focusing on assessment, care management and treatment

Learning Outcomes

Session will include:

- Information on pain
- Information on potential causes of nausea and vomiting
- Information on nursing management and treatment of both symptoms
- Information on commonly used anti-emetics and analgesia in palliative care
- Case study/questions
- Information on useful resources and services

KSF dimensions and core competencies for end of life care

This session can support evidence for HWB5 and Communication

This session can support evidence for core competencies in communication and advance care planning, assessment and care planning, symptom management, maintaining comfort and dignity.

CQC

This session can support evidence for care Quality Commission Dimension 4 - Care and Welfare of People who use the Services (including end of life care)

Target Audience

Registered community and acute nurses, Hospice trained staff
Registered nurses from care homes.

This session will be delivered by:

Facilitated by the Macmillan Specialist Palliative Care Team

Booking a place

All applicants please email learning@dgh.nhs.uk

Communication Skills and Care of Patients in the Dying Phase for all Trained Nurses and AHP's 11 th May 2016 – 09:30 – 16.30 Mary Stevens Hospice 10 th November 2016 - 09.30 – 16.30 Education Centre, RHH	
Aims of session	<ul style="list-style-type: none"> • To have an understanding of communication issues and be introduced to differing techniques in relation to difficult conversations in palliative care • To have an understanding of recognising the dying phase • To have an understanding of potential symptom problems and symptom management in the dying phase • To have an understanding of nursing care and care management, including information on Gold Standards Framework
Learning Outcomes	Session will include: <ul style="list-style-type: none"> • Information on potential problems with communication • Dealing with difficult questions and patient/family issues around dying • Information recognising the dying phase • Potential symptom problems – information recognising the dying phase • Symptom management and medication used in the dying phase • Use of GSF and care pathway to support Comfort Care in the dying phase • Case study/questions • Information on useful resources and services
KSF dimensions and core competencies for end of life care	This session can support evidence for HWB5 and Communication This session can support evidence for core competencies in communication and advance care planning, assessment and care planning, symptom management, maintaining comfort and dignity.
CQC	This session can support evidence for care Quality Commission Dimension 4 - Care and Welfare of People who use the Services (including end of life care)
Target Audience	Registered community and acute nurses, Hospice trained staff. AHP's working in the community and hospital.
This session will be delivered by:	Facilitated by the Macmillan Specialist Palliative Care Team
Booking a place All applicants please email learning@dgh.nhs.uk	

<p align="center">Palliative Care for Non Cancer Patients and Palliative Care Emergencies for Registered Community Nurses and AHP's</p> <p align="center">16th June 2016 - 09.30- 16.30 Mary Stevens Hospice</p> <p align="center">1st December 2016 - 16.30 Education Centre, RHH</p>	
Aims of session	<p>To have an understanding of care management issues relating to non cancer palliative care.</p> <p>To have an understanding of potential palliative emergencies, care management and treatment for palliative emergencies</p>
Learning Outcomes	<p>Session will include: Recognising the palliative stage</p> <ul style="list-style-type: none"> • Symptom assessment and management • Potential care management issues • Information on recognising palliative emergencies and care management/treatment for: <ul style="list-style-type: none"> ○ Spinal Cord Compression ○ Hypercalcaemia ○ Superior Vena Cava Obstruction ○ Haemorrhage ○ Seizures • Case study/questions • Information on useful resources and services
KSF dimensions and core competencies for end of life care	<p>This session can support evidence for HWB5 and Communication</p> <p>This session can support evidence for core competencies in communication and advance care planning, assessment and care planning, symptom management, maintaining comfort and dignity.</p>
CQC	<p>This session can support evidence for care Quality Commission Dimension 4 - Care and Welfare of People who use the Services (including end of life care)</p>
Target Audience	<p>Registered nurses working in the community, hospital and hospice setting. AHP's (Band 5 and above)</p>
This session will be delivered by:	<p>Facilitated by the Macmillan Specialist Palliative Care Team</p>
<p align="center">Who should attend</p> <p align="center">Registered community nurses and practitioners working in Dudley Group of Hospitals Foundation Trust – please see the Palliative Care Intranet Site for resources on palliative care</p>	
<p align="center">Booking a place</p> <p align="center">All applicants please email learning@dgh.nhs.uk</p>	

End of Life Care Session for Community Health Care Assistants and Carers 16 th March 2016 9.30 – 4.30pm Mary Stevens Hospice 12 th October 2016 9.30 - 4.30pm Education Centre, RHH	
Aims of session	<ul style="list-style-type: none"> • To have an understanding of palliative care needs of patients in the community • To have an understanding of communication issues in palliative care and how to become a better communicator • To have an understanding of care in the dying phase
Learning Outcomes	Session will include: <ul style="list-style-type: none"> • Information on context of palliative care and end of life care • Information on communication issues in palliative care • Case studies, group discussion and role play • Information on services available • Questions and discussion
KSF dimensions and core competencies for end of life care	This session can support evidence for HWB5 and Communication This session can support evidence for core competencies in communication and advance care planning
CQC	This session can support evidence for care Quality Commission Dimension 4 - Care and Welfare of People who use the Services (including end of life care)
Target Audience	<ul style="list-style-type: none"> • Dudley Health Care assistants, generic workers, support workers • Health Care assistants, generic workers and support workers from Dudley care homes.
This session will be delivered by:	Facilitated by the Macmillan team and Palliative Care Team
<p style="text-align: center;">Who should attend</p> <p>The session is available HCAs and Carers working in DGOH (acute and community), hospice, nursing and rest homes.</p>	
<p style="text-align: center;">Booking a place</p> <p style="text-align: center;">All applicants please email learning@dgh.nhs.uk</p>	