Palliative Care Champions Newsletter

November 2016, Edition 4

Update on Lead champions : WELL DONE to the following staff who have been signed off their competencies and are now working with staff to try and embed the role:

Marie Banner (CCU), Kay Harold (A & E), Emma Hopkins (EAU), Louise Timmins (A3) Marie Ford (B2), Sarah Causer (C3), Jane Booth (C3), Stephanie Gordon (B4), Sharron Burton (MHDU), Rachel Collins (MHDU), Colleen Fernando (B5), Ellie Withers (B5), Helena Vasconcelos (C4), Sue Jay (C5), Chris Walsh (C5), Mandy Pritchard (C7), Vikki Owens (C8), Emma Davies (C1), Shelley Connor (C6).

Also well done to those of you that have signed off some of your supporting champions.

> We now have **72%** of Lead Champions signed off!

COMING SOON!

This will be your badge to identify you in the workplace. This will make it easier for staff, patients and relatives if they need to know more about Palliative Care.

Once competencies are complete please ensure you get your badge from the End Of Life Facilitator.

Have you identified your ward board?

It has been agreed by Dawn Wardell, Chief Nurse that all areas are to have a Palliative Care ward board for staff. Info for these boards will



In the meantime please ensure you locate a board. Any problems please link with Karen Lewis End of Life Facilitator on Ext 2238.



EDUCATION

E-ELCA Please continue to work through section 09– Priorities for care. Any problems then contact Karen.lewis@dgh.nhs.uk

WELCOME TO NEW LEAD CHAMPIONS: Sam Newey (B3) Melissa Clements (A & E) Sally Alison (C6) Sue Clayton (C6) Leanne McEwan (C6) Paul Davis (C8) Look forward to working with you all. I will add all your names to our webpage!

COMPETENCIES

Please make sure if you haven't already done so you get a meeting arranged with Karen Lewis End of Life Facilitator to get your competencies signed off. As a champion you are unable to sign other members of staff off unless you are signed off vourself.

SAGE & THYME

Do you feel confident to talk to someone who is worried or distressed? Would you benefit from extra training? **Contact:** Karen.lewis@dgh.nhs.uk









Bereavement.

You will see that the Bereavement Office now has the Palliative Care / End of Life logo on the door. This will hopefully assist relatives when they are trying to locate the bereavement office in times of distress.

Bereavement Officer

Also **COMING SOON** is a revised Information and advise booklet following bereavement called ' <u>When Someone Dies'</u>. The End of Life Facilitator will let you know when this has been ratified.



RESOURCES!

Have you and your champions got a Priorities for Care of the Dying Person pen? This will hopefully remind staff we 'only get one chance to get it right!' If you want some of these pens when you train staff in your area please let Karen End of Life Facilitator know.

Well done to CCU! A real team effort- Marie Banner Lead Nurse

During a recent bank holiday CCU had a young lady who decided her preferred place of care was home. The nursing staff worked with therapy and got a bed, mattress and commode put in place, as well as oxygen. A package of care was started along with District Nursing care who were amazing after CCU had give them the 'heads up' they met the lady at her home and got her settled in for the night. Staff linked with Pharmacy who came to the ward straight away as CCU had a new Consultant on who had not previously written a TTO before. Pharmacy supported the Consultant to get the right drugs prescribed so they could dispense quickly and safely. After initial problems getting an ambulance St Johns were amazing and worked with us to get this lady home.

The lady expressed her wish to go home at 11am and by 6pm she was at home with a glass of Guinness watching Emmerdale, She died a few days later with her family. All the team worked wonders to ensure this lady's needs were met, it was a bank holiday which shows it can be done especially if we all work together.

Well done to all involved!

LATEST NEWS

Palliative Care Champion Meetings Next Years Dates for your diary: 1-2pm, CEC:

- 14th Feb 2017
- 25th May 2017
- 5th Sept 2017
- 7th Dec 2017

Please ensure a champion from your area attends these meetings. We need to learn from each other to make the patient experience and relatives experience a better one.

On-going support

To help support and educate all staff Karen Lewis—End of Life Facilitator will be contacting each lead champion to arrange to spend some time on each ward. Please ensure you continue to inform all staff in the meantime. If you have not heard from Karen and have no meeting arranged please contact her on Ext.2238.

Update on Mouth Care:

Pink sponges: Please inform staff you can get these! Please ensure you have carried out a risk assessment for each patient and single use only

