

Trial without catheter

Urology

Patient Information Leaflet

This leaflet has been devised for patients who have a catheter in at present but are going to have a trial without it at home.

What is a trial without catheter?

This is a very simple procedure that is carried out in your home. Once the nurse has explained what will happen during the trial without catheter and you are happy to go ahead, the nurse will remove your catheter. This may feel a little strange, but it should not hurt. The trial period will see whether you are able to pass urine by yourself.

How long will my catheter stay in for?

This will vary depending on your consultant's instructions, what medication you have been started on and if you are constipated.

How will the Hospital to Home Urology Team help?

The Hospital to Home Team is a nurse-led service for urology patients. The nurses will visit you in your home.

How will I know when the nurse will visit?

A nurse from the Hospital to Home Team will telephone and arrange a date to have your catheter removed. Your catheter will normally be removed in the morning so you have the whole day to pass urine.

What will happen after my catheter has been removed?

Once the catheter has been removed the Hospital to Home Team nurse will leave your home and return later that afternoon/evening. Before the nurse leaves they will advise you about drinking plenty of fluids and leave any necessary leaflets for you to read. The nurse will leave you with their mobile telephone number should you need to get in touch with them.

What happens when the nurse returns again?

When the Hospital to Home Team nurse returns to your home, they will ask you whether you have managed to pass urine or not. They will check you are emptying your bladder properly by carrying out a bladder scan in your home. The nurse will inform you if a repeat bladder scan is needed the following morning and if necessary a further appointment will be arranged for then. If your bladder scan is successful the nurse will discharge you from their care. They will give you instructions for overnight in case you have any problems. Your GP will be informed that you have passed your trial without catheter.

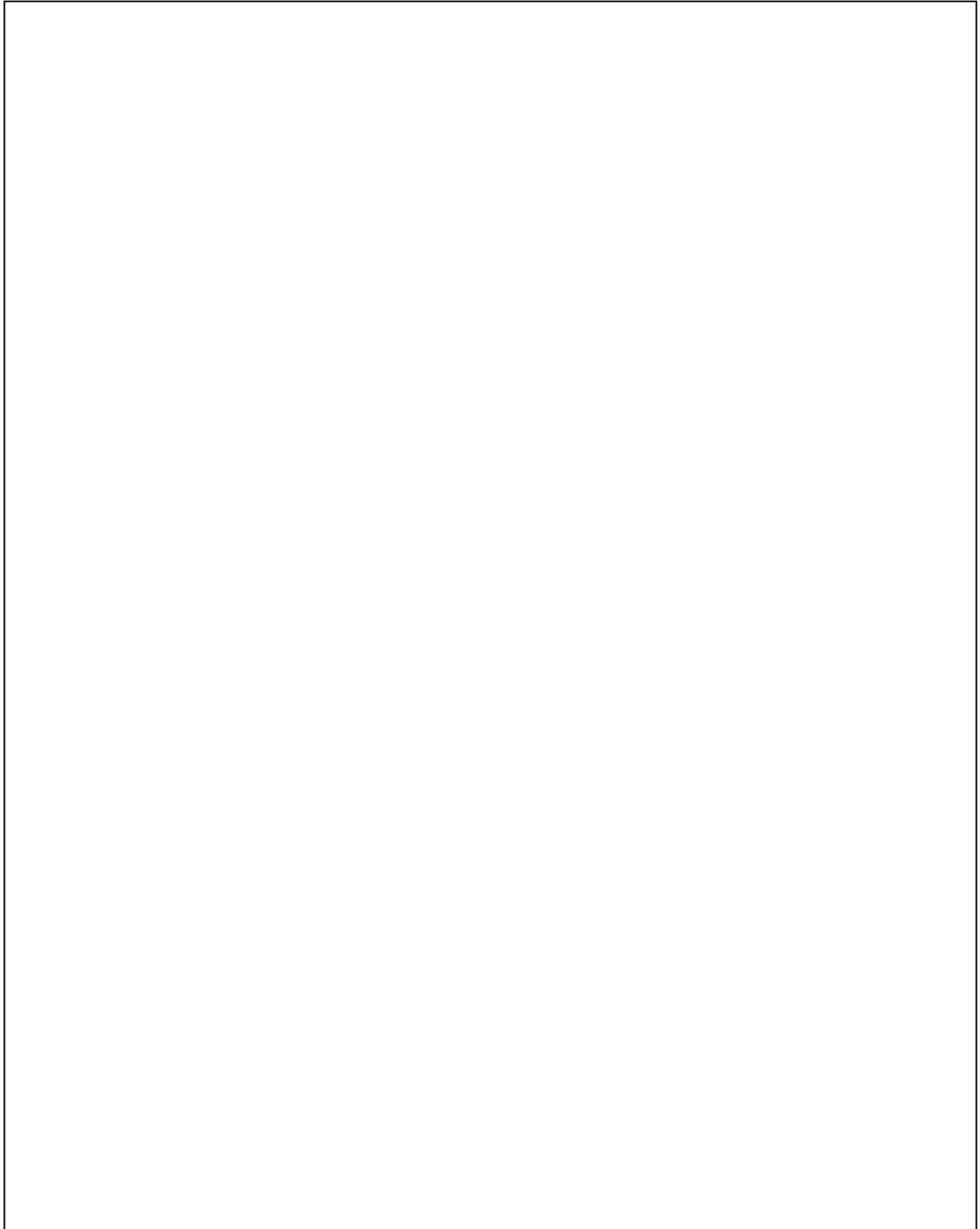
What will happen if my bladder scan is unsuccessful?

If your bladder scan is unsuccessful and you are not emptying your bladder properly you will need to have another catheter inserted by the Hospital to Home Team nurse. Extra supplies such as night and leg bags will be ordered and a referral will be made to the district nurse if this has not already been done. Your GP will also be informed that your trial has been unsuccessful and the Hospital to Home Team nurse will then plan to complete the trial without catheter at a later date.

If you have any questions or if there is anything you do not understand about this leaflet please contact:

**Hospital to Home Urology Team
The Dudley Group NHS Foundation Trust
Russells Hall Hospital
Pensnett Road
Dudley
West Midlands DY1 1HQ
01384 456111**

Please use this space for any notes you may wish to make

A large, empty rectangular box with a thin black border, intended for the user to write notes. It occupies the central portion of the page.

This leaflet can be made available in large print, audio version and in other languages, please call 0800 0730510

ਜੇਕਰ ਇਹ ਲੀਫਲੈੱਟ (ਛੋਟਾ ਇਸ਼ਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ੈਂਟ ਇੰਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ **0800 0730510** ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिये तो पेशेंट इनफरमेशन को-ਆਰਡੀਨੇਟਰ को टैलीਫ਼ੋਨ ਨੰਬਰ **0800 0730510** पर फ़ोन करें।

જો તમને આ પત્રિકા તમારી પોતાની ભાષા (ગુજરાતી)માં જોઈતી હોય, તો કૃપા કરીને પેશન્ટ ઈન્ફોર્મેશન કો-ઓર્ડિનેટરનો **0800 0730510** પર સંપર્ક કરો.

আপনি যদি এই প্রচারপত্রটি আপনার নিজের ভাষায় পেতে চান, তাহলে দয়া করে পেশেন্ট ইনফরমেশন কো-অর্ডিনেটরের সাথে **0800 0730510** এই নম্বরে যোগাযোগ করুন।

إذا كنت ترغب هذه الوريقة مترجمة بلغتك الاصلية (اللغة العربية) , فرجاء ا اتصل بمنسق المعلومات للمريض

0800 0730510 على التلّفون Information Co-ordinator

صِب ضرورت اں لئف اٹ کو اپنی زبان (اورد) میں حاصل کرنے کے لئے برہم پرائی ٹیلیفون نمبر **0800 0730510** پر ویٹ اے انٹرنیشن کو اور ڈیٹیلز (مریضوں کے لئے معلومات کی فراہمی کے سلسلے میں) کے ساتھ رابطہ کریں۔

Originator: Olivia Thornton
Date originated: April 2014
Date for review: April 2017
Version: 2
DGH ref.: DGH/PIL/01272