

Date: 09/03/2015

FREEDOM OF INFORMATION ACT 2000 - Ref: FOI/012161

With reference to your FOI request in connection with 'Food products/vegan menu' please see response below.

Are processed red meat products – particularly bacon, sausages, ham, salami and pepperoni – served to patients anywhere in your Trust?

Bacon, sausage and ham are served to patients. Salami and pepperoni is not

Is your Trust able to cater for vegan* hospital patients and, if so, could you please provide me with an example of 5-days worth of meal options for vegan patients?

Our Trust is able to cater for Vegans

For a copy of our special diet menu which has been passed by the Chief Dietician please contact us on FOI@dhg.nhs.uk quoting reference number FOI/012161.

All patients are screened on admission and should they highlight that they are Vegan (or indeed have any other special dietary requirements) this is captured in their admission notes. Should they then find that they have any queries/concerns a dietician might see them and often a dietetic referral is completed for the catering department to action.

(*Vegans consume no animal products, including meat, fish, dairy products, eggs and honey.)

The Trust also has more menu options on the new trial wards. The following meals are available which are suitable for vegans

Some Vegan choices are available from the main patient menu on the trial wards only as follows:-

- o Soya Chilli is available on Supper Monday Week 1 and Supper Wednesday Week 2
- o Vegetable Goulash with Herb Dumplings is available on Lunch Monday week 1 and Lunch Friday Week 1
- o Vegetarian Savoury Mince Pie is available Supper Saturday Week 2
- o All vegetables, side salads and potato products are suitable with the exception of Mini Hash Browns
- o All fruit pies, fruit crumbles, fruit compotes, stewed, tinned and fresh fruit are also suitable

The menu on the non-trial wards has no main meals suitable for vegans

The following additional items can be ordered on a daily basis from the Catering Department:-

- o Soya Chilli with boiled rice and peas
- o Carbonara Pasta Bake (Simply Serve) & potatoes roasted with garlic & rosemary accompanied by ratatouille sauce
- o Lentil Stew & potatoes roasted with garlic & rosemary accompanied by peas
- o Caribbean Curry with boiled rice, kidney beans & peas
- o Bean & Tomato Cassoulet
- o Gobi Aloo with plain rice & chana dal
- o Chana Dal with chickpeas, plain rice & aloo mutter
- o Aubergine, peas & potato , plain rice & lentil dal
- o Sag, plain rice & chana dal