



The Dudley Group **NHS**
NHS Foundation Trust

Rapid discharge to your home from hospital

Information for patients, relatives and carers



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www.dudleygroup.nhs.uk



Introduction

Rapid discharge to your home from hospital is a process designed to support the wishes of patients in their last days or weeks of life when their preferred place of care is home. The aim is for you to be cared for and to be comfortable and peaceful in the final stages of your life.

How will I get home?

You will be taken home by ambulance. We would encourage a carer or relative to travel with you; however, if this is not possible, the ambulance service may ask that relatives meet you there when you arrive.

You may be quite poorly when returning home. For this reason, it is important to know that the ambulance crew are aware of your wishes and the decisions you have made with your clinical team.

You have discussed cardiopulmonary resuscitation (CPR) with your doctor and have completed a form about your wishes. If you have chosen not to have CPR, a form will be put in your medical records. This is called a 'Do Not Attempt Cardio-Pulmonary Resuscitation' (DNACPR) form. The ambulance crew will be given a copy of this recorded form, signed by your clinical team, for your travel.

How do I record my wishes?

An Advance Care Plan (ACP) can be used to record your personal wishes regarding any aspect of care (including issues relating to refusal of resuscitation). This should be kept with you at all times.

If you have any queries about any aspect of your care, please speak to the nurse or doctor who is looking after you.



What happens when I get home?

We have informed your GP and the community nursing teams involved in your care about you going home.

If an emergency situation arises, please contact:

- a. Your GP or out-of-hours doctor
- b. Your district nurse

Useful telephone numbers:

(The nurse responsible for planning for you to go home will fill in the telephone numbers that you may need below).

GP: _____

GP out-of-hours service: dial 111

District nurse (8am to 6pm): _____

District nurse evening and night service (6pm to 8am):
01384 456111

For further details, please see the first pages of the district nursing folder. This will be completed by the district nurse on their first visit to you.

Comments, compliments or complaints

We welcome any suggestions you have about the quality of our care and our services. If you have any comments about the service we have provided, either:

- Speak directly to the ward or departmental staff or
- Contact our Patient Advice and Liaison Service (PALS) on:
 - Freephone 0800 073 0510
 - Email pals@dgh.nhs.uk

The Dudley Group NHS Foundation Trust is committed to ensuring that patients and staff will always be treated with dignity and respect. There will be no age, disability, gender, race, sexual orientation or religious discrimination.

This leaflet can be downloaded or printed from:

<http://dudleygroup.nhs.uk/services-and-wards/end-of-life-care/>

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ براہ کرم مہربانی فون نمبر 08000730510 پر رابطہ کریں۔