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ਜੇਕਰ ਇਹ ਲੀਫਲੈਟ (ਛੋਟਾ ਇਸ਼ਤਿਹਾਰ) ਤੁਸੀਂ ਆਪਣੀ ਭਾਸ਼ਾ (ਪੰਜਾਬੀ) ਵਿੱਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕ੍ਰਿਪਾ ਕਰ ਕੇ ਪੇਸ਼ਟ ਇੰਨਫਰਮੇਸ਼ਨ ਕੋ-ਆਰਡੀਨੇਟਰ ਨਾਲ 0800 0730510 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

यदि आपको यह दस्तावेज़ अपनी भाषा में चाहिए तो पेशन्ट इनफर्मेशन को-आरडीनेटर को टेलीफोन नम्बर 0800 0730510 पर फोन करें।

જો તમને આ પત્રિકા તમારી પોતાની ભાષા (ગુજરાતી)માં જોઈતી હોય, તો કૃપા કરીને પેશન્ટ ઇન્ફોર્મેશન કો-ઓર્ડિનેટરનો 0800 0730510 પર સંપર્ક કરો.

আপনি যদি এই প্রচারপত্রটি আপনার নিজের ভাষায় পেতে চান, তাহলে দয়া করে পোশেন্ট ইনফর্মেশন কো-অর্ডিনেটরের সাথে 0800 0730510 এই নম্বরে যোগাযোগ করুন।

إذا كنت ترغب هذه الورقة مترجمة بلغتك الأصلية (اللغة العربية) , فرجاء اتصل بمنسق المعلومات للمريض
0800 0730510 على التلغون Information Co-ordinator

سب ضرورت الملحق كافي زبان (اردو) میں حاصل کرنے کے لئے راجہ پری ٹیلیفون نمبر 0800 0730510 پر فونٹ (ٹریسٹن) اور ایمل (مریٹس) کے لئے معلومات کی فراہمی کے سلسلے میں (سر) کے ساتھ رابطہ کر کریں۔

Complications following epidural analgesia: Information for patients going home

0800 0730510

Who to contact

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Under review

Further information

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Complications following epidural analgesia: Information for patients going home

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Bleeding

Bleeding may cause a collection of blood, which is called an epidural haematoma. This may press on the spinal cord and nerves and cause damage. This condition is very rare; however urgent surgery may be needed to release the pressure on the spinal cord and nerves.

What to look out for at home

Once you have been discharged home it is important that you are aware of any symptoms suggesting that there may be a complication from the epidural. These include:

- Redness, swelling or pus around the epidural insertion site on your back
- Fever/neck stiffness
- Changes in the feeling and/or strength in your legs
- New onset moderate to severe back pain
- Difficulty passing urine or faecal incontinence

Headaches

Minor headaches are common after surgery, with or without an epidural. Occasionally a severe headache occurs after an epidural because the lining of the fluid filled space surrounding the spinal cord has been inadvertently punctured (a 'dural tap').

This typically occurs between one day and one week after having the epidural. It is usually a severe headache felt at the front or back of your head, which gets better when lying down and worse on sitting or standing. Along with the headache you may experience neck pain, sickness and a dislike of bright lights. Sometimes this needs to be treated with an injection in your back.

Complications from epidurals need to be treated urgently therefore if you have any of these symptoms you must seek medical advice immediately. Either:

- Go to the nearest Accident and Emergency Department
- Telephone Russells Hall Hospital (01384 456111) and ask to speak to the on call anaesthetist on bleep number 7018
- Explain that you have had an epidural recently and bring this information with you

Contact numbers

If you have any questions or are unsure about any of the information provided in this booklet, please contact a member of the Acute Pain Team on the numbers listed below.

Russells Hall Hospital - Acute Pain Team
Tel: 01384 456111 and ask for bleep 7851

If the nursing staff are unable to address your questions, they will suggest alternative contacts.