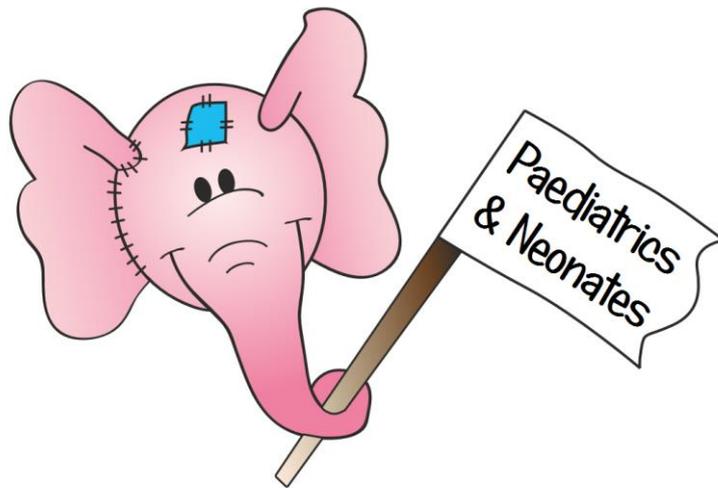


Advice after orchidopexy surgery

Children's Ward

Parent/Carer Information Leaflet



Introduction

Your son has had surgery for an undescended testicle (orchidopexy) and we wish him a speedy recovery.

In order to help with his recovery, we have designed this leaflet to provide you with advice on how to care for him after his operation. Your son's hospital doctor may also give you specific advice to follow.

Everyone recovers differently after surgery and it is normal to feel tired and weak for several days. If you are concerned about your child, please contact your GP.

Will my son be in pain?

It is usual to be uncomfortable for a few days after this operation.

If your son is in pain when you get home, we recommend getting simple pain control such as paracetamol or ibuprofen, if suitable for your child (always read the label; do not exceed the recommended dose). You can ask your pharmacist for advice, if you need it.

If your son needs stronger medicine, we will give you this before you go home.

What happens to the dressing?

The dressing will need to be left on and kept dry for 48 hours after the operation. After this, you can take it off after soaking in a bath or shower as this makes it much easier to remove.

Once this is taken off, to help reduce the risk of infection, your son should have a daily bath. Do not to add anything to the bath water like salt, bubble bath etc until the wound is completely healed.

It is best not to let your son soak in the bath for long periods if he has dissolvable stitches. This may weaken the stitches which might make the healing process longer. Also, he will need to be careful not to damage the area around the stitches by scrubbing too hard.

How do I care for the wound?

If the stitches used are dissolvable, they will not need to be taken out. However if they are not dissolvable, we will give you a letter to take to your GP surgery. You will need to arrange an appointment for the practice nurse to remove the stitches.

As the wound heals, it may feel itchy, tingly, lumpy or numb and may pull slightly around the stitches. This is normal and part of the healing process. If the wound becomes **very red, swollen or starts oozing fluid**, you will need to ask for advice from the Children's Ward on 01384 244271 or the nurse from your GP practice.

We normally send one of our community paediatric nurse team out to your home address to check the wound about one week after your son's operation. If your child will be cared for somewhere else, please can you let us know so that we can make other arrangements.

When can my child return to school?

Your son will need to stay off nursery or school until the wound has been checked by a nurse.

What about other activities?

Do not allow your son to take part in contact sports or boisterous activities for four weeks after his operation. This is to allow healing to take place.

What should I look out for?

If your child shows signs of the following during the next few weeks, always seek advice from the Children's Ward on 01384 244271, your GP or the Emergency Department:

- High temperature
- Swelling and redness in and around the wound
- Bleeding
- A lot of pain
- Being sick

Even if the wound looks fine, this could mean that your child has an infection.

Follow up

We will give you a follow up appointment if you need one before you leave hospital. Please contact the number on the appointment sheet if you cannot make this appointment and we can arrange another one.

If you have any questions, concerns or if there is anything you do not understand about this leaflet, please contact:

Children's Ward on 01384 244271

Your call is always welcome.

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dudleygroup.nhs.uk/services-and-wards/c2-childrens-ward/>

If you have any feedback on this patient information leaflet, please email patient.information@dgh.nhs.uk

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta brosură poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔