

Patient Information

Advice after eye injections

Introduction

This leaflet is for people who have had an eye injection. It has information on:

- What you should expect after the injection
- What you need to do
- What to do if you have any problems

What should I expect after the injection?

Your eye may feel painful for up to 48 hours. If necessary, you can take painkillers such as paracetamol or ibuprofen if you can take them (always read the label; do not exceed the recommended dose).

It is best to avoid products containing aspirin. However, if you take regular soluble aspirin (75mg), you can continue to take it as advised by your GP.

If you have bruising on or around the eye, this should fade gradually over the next couple of weeks.

At times a tiny air bubble can be introduced into the eye during injection. This appears as a round, dark floater in the centre of your vision, the day after the injection. Do not be alarmed as this will get smaller and should disappear within 48 hours.

Rarely the surface of the eye can get scratched during the injection process. This can cause sharp, sudden pain three to six hours after the injection. If this happens it is easy to treat, please get in touch with the **Urgent Referral Team, Russells Hall Hospital Eye Clinic on 01384 456111 ext. 3633** (9am to 4.30pm, Monday to Friday)

What do I need to do?

If you have an eye pad to prevent the cornea from being scratched or damaged, you can gently remove this the next morning. The eye pad may be slightly bloodstained: this is nothing to worry about.

You can clean your eye the morning after your injection with cool boiled water and a small piece of cotton wool or lint. Close your eye gently and wipe from the inner corner to the outer corner of the eye, using a fresh piece each time and for each eye.

Continue to use your prescribed antibiotic eye drops at home for five days. If you have been prescribed glaucoma eye drops for use at night, you should miss the dose on the first night **only**. You can start using them again the following day.

What if I have any problems?

If you are concerned or worried about anything after your injection, contact:

The Urgent Referral Clinic team at Russells Hall Hospital Eye Clinic on: **01384 456111 ext. 3633** (9am to 4.30pm, Monday to Friday)

Eye emergency, out of hours

In case of an eye emergency after the closing hours of the Eye Clinic (including weekends and bank holidays), please contact the eye doctor on call by ringing the switchboard at:

Birmingham Eye Centre on 0121 554 3801

The doctor on call is usually based at the Eye Centre, City Hospital, Dudley Road, Birmingham. They may need to call you back and if necessary, they will arrange for you to visit them.

Note

The information in this booklet is provided for information only. It is **not** a substitute for professional medical advice or care by a qualified doctor or other healthcare professional. The information is general for the procedure. Individual experiences may vary and all the points may not apply to all patients at all times. Please discuss your individual circumstances with your eye doctor. **Always** check with your doctor if you have any concerns about your condition or treatment.

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This leaflet can be downloaded or printed from:

<http://dudleygroup.nhs.uk/services-and-wards/ophthalmology/>

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