

# Registration Form

# 5K TIMED run



**Saturday 20 October 2018 | Dell Stadium, Brierley Hill | 8.30am start**

In celebration of the Parkrun support for NHS70 this year, we are attending Dudley Parkrun at one of their weekly runs. The course is run on a mixture of running track, tarmac paths, canal towpaths and trail paths.

## Please register me for the Charity Parkrun.

- I enclose a registration fee of £10 which includes a charity running top and a goody bag.
- I pledge to raise a minimum sponsorship of £50 for the Baby Bereavement Suite Appeal.

As spaces are limited please email [karen.phillips5@nhs.net](mailto:karen.phillips5@nhs.net) as soon as possible to secure your place.



Funds raised for this event are supporting the DGNHS Charity Baby Bereavement Suite Appeal

#TeamDGNHS  
#DudleyParkrun

Name

Address

Postcode

Telephone

Email

Please make cheques payable to DGNHS Charity / 5k Parkrun  
To pay by card or bank transfer contact us for details.

Office Use Only

 DudleyGroupNHSCharity

 DGNHSCharity



Registered Charity No: 1056979



01384 244403



[www.dudleygroup.nhs.uk/our-charity](http://www.dudleygroup.nhs.uk/our-charity)  
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