

Freedom of Information request 014101

9/5/18

Our questions

1) Does your Trust offer a Health and Wellbeing event accessible to all breast cancer patients at the end of hospital-based treatment?

(A Health and Wellbeing event is defined as a group education and support event which helps people to manage their physical and psychological health after a cancer diagnosis.)

- A. Yes
- B. No

2) If the Trust does offer a Health and Wellbeing event for breast cancer patients, are these events:

- A. solely for people with breast cancer
or
- B. for people with all types of cancer

3) For breast cancer patients who have completed their hospital-based treatment, do the nurses in the breast care unit routinely make direct referrals, where appropriate, to the following?

(By 'direct referral' we mean gaining consent from a patient to pass on their details to a support service or arranging for someone from the service to contact the patient)

Services provided by charities

- a. Support services provided by charities that support people with cancer **(yes/no)**
- b. Support services provided by charities that support people with breast cancer only **(yes/no)**

NHS Services

- c. Counselling / psychology services within the NHS **(yes/no)**
- d. Physiotherapy services within the NHS **(yes/no)**
- e. Fertility services within the NHS **(yes/no)**
- f. Lymphoedema services within the NHS **(yes/no)**
- g. Other support services – please specify below **(yes/no)**

4) If you do not refer to some/any of the services in question 3, is this due to any of the reasons below? Please indicate all that apply.

- a. Support services provided by charities that support people with cancer
 - Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Service is unsuitable for breast cancer patients **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)

- b. Support services provided by charities that support people with breast cancer only
- Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)
- c. Counselling / psychology services within the NHS
- Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)
- d. Physiotherapy services within the NHS
- Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)
- e. Fertility services within the NHS
- Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)
- f. Lymphoedema services within the NHS
- Service not available **(yes/no)**
 - Unaware of service **(yes/no)**
 - Service is oversubscribed **(yes/no)**
 - Patient is informed of the service but a direct referral is not made **(yes/no)**
 - Workload capacity does not allow time for referrals **(yes/no)**
 - Other (please give details)

We offer all of the above but not only “at the end of hospital based treatment”

These services are offered throughout the breast cancer journey alongside Holistic Needs assessment.

The health and Wellbeing events are open to all cancers