

Freka Percutaneous Endoscopic Gastrostomy (PEG) removal using a “cut and push” procedure

Nutrition

Patient Information Leaflet

Preparation for the procedure

Please do not eat and drink for 2 hours prior to the scheduled appointment. If you have any concerns regarding this please contact the Nutrition Nurses using the telephone number at the end of this leaflet.

What is a “cut and push” procedure?

The PEG tube is cut close to the skin on the outside which leaves a circular piece of soft plastic (the internal flange), this is then pushed into the stomach. The procedure will be fully explained to you by the Nurse when you attend.

What happens to the internal flange after the procedure?

The internal flange passes through your digestive system and leaves through your bowels. It is painless and you are unlikely to see the flange when this happens.

Can everyone have this procedure?

There are some things which make the procedure more difficult or unlikely to be suitable for you. Please contact the Nutrition Nurses if:

- ◆ You are unable to advance and rotate your tube
- ◆ You have had previous abdominal surgery
- ◆ You are constipated

What will it look like after the procedure?

The Nurse will place a small dressing as you will have a hole where the tube used to be. It is expected to heal within a few days but you may experience some leakage of stomach contents for the first 24 hours after the procedure.

Bathing after procedure

You can shower immediately after procedure, but, please do not have a bath for 24 hours after.

Are there any risks involved in the procedure?

There is a small risk that the internal flange could get stuck in the stomach or bowel, this could cause an obstruction and would require urgent medical attention.

What are the symptoms that the internal flange had got stuck?

Abdominal pain, vomiting and constipation within a few days following the procedure are all symptoms that may indicate the flange has become stuck.

What to do if you have experience these symptoms

If you experience any of these symptoms during office hours please contact Nutrition Nurses. If it is during out of hours please contact your G.P. and let them know you have recently had a “cut and push” removal of your PEG tube.

If you feel very unwell you should immediately attend your nearest Emergency department.

Contact details:

Nutrition Nurses (available Monday to Friday 08:30-16:00) 01384 456111 ext. 2305 or 2247.

Outside of these hours please contact your GP or Emergency department.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Contact details here

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dudleygroup.nhs.uk/services-and-wards/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

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Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm sunați la 0800 073 0510.

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