



The Dudley Group
NHS Foundation Trust

Developmental dysplasia of the hip

Maternity Department
Patient Information Leaflet

Introduction

Your baby's hips were checked at birth as part of the newborn physical examination. Having had this examination, the midwife/doctor suspects that your baby may have developmental dysplasia of the hip. This leaflet gives more information about what this is and how it is diagnosed.

What is development dysplasia of the hip?

Developmental dysplasia of the hip (DDH) is a condition where the ball and socket joint of the hips does not form properly. It is also sometimes known as congenital hip dislocation or hip dysplasia.

The hip joint connects the thigh bone to the pelvis. The top of the thigh bone is rounded like a ball and sits inside the cup-shaped hip socket.

In DDH, the socket of the hip is not well developed and the top of the thigh bone is not held tightly in place. In severe cases, the top of the thigh bone can come out of the socket (dislocate).

Without treatment, DDH may lead to problems later in life, including:

- Developing a limp
- Hip pain – especially during the teenage years
- Painful and stiff joints (osteoarthritis)

With early diagnosis and treatment, most children are able to develop normally and have a full range of movement in their hip.

How is DDH diagnosed?

In order to diagnose DDH, your baby will need to have an ultrasound scan. You will receive an appointment for the Trauma and Orthopaedic (T&O) Paediatric Clinic within two weeks of your baby's birth. It is essential for your baby to attend this appointment. On the day of the appointment, your baby will have an ultrasound scan of the affected hip(s) and an assessment by a member of the medical team.

We will discuss the results of the scan with you and if DDH is diagnosed, the appropriate treatment will be discussed with you. If you are unable to attend the appointment, please contact Outpatient Booking Team on 01384 365100.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

01384 244298

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/maternity>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

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