One Stop Pre-operative Assessment

Pre-operative Assessment
Patient Information Leaflet
Who is this leaflet for?
If you have been told you require an operation involving an anaesthetic/sedation, you are required to attend the Pre-operative Assessment Clinic (PAC).

Where do I attend?
Our PAC is at Russells Hall Hospital. PAC is located on the 1st floor, opposite ward B4.

If you have been listed for surgery at another location, e.g. Corbett Outpatients Centre, you will usually have your PAC there. Occasionally, you may be required to attend for a further assessment at Russells Hall Hospital.

What happens at your PAC appointment?
Before your anaesthetic, we need to know about your general health.

The pre-operative assessment process will take anything from 30 minutes to 2 hours. This will depend on whether you have other medical problems or complex needs. In these instances, you may need to be seen by a consultant anaesthetist for further discussion.

- You can attend any time between 9.00am and 6.30pm, directly after your appointment with your surgeon. If you are unable to attend immediately, you must return within 5 working days.

What can you expect when you attend our PAC?
- You will be seen by one of our clinical support workers, who will measure your height and weight, and record your pulse, blood pressure etc.
• Each patient will be required to complete a screening questionnaire. This should take between 10 to 15 minutes.
• One of our pre-operative nurses will go through this questionnaire with you. Sometimes, you may also see one of the consultant anaesthetists.

In some instances, you may require further investigations. These may include blood tests, an electrocardiogram (ECG – a tracing of your heart), or lung function tests. Many of these can be performed at your appointment, but in some circumstances, you will be required to attend for a further visit so that these can be performed.

You will be given information about what to do in the run up to your operation and what you can do in the time leading up to surgery to ensure you are fitter and well prepared.

**What happens if I do not attend my PAC appointment?**
In order for you to proceed with your operation, you must complete a pre-operative assessment. You will receive a reminder if you have not attended within 5 days.
If you have any questions, or if there is anything you do not understand about this leaflet, please contact:
Pre-operative assessment: 01384 456111, ext. 1849
Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:
http://dgft.nhs.uk/services-and-wards/anaesthetics/
If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

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