

## West Midlands North Foundation School

Individual Placement Description – The Dudley Group NHS Foundation Trust

<b>Placement</b>	FY2 - Child and Adolescent Psychiatry
<b>The department</b>	Child and Adolescent Psychiatry placement is based at the Elms Health Centre, Halesowen and is part of CAMHS for Dudley although the Employing Trust is Dudley Group NHS Foundation Trust.
<b>The type of work to expect and learning opportunities</b>	<p>Dudley Child and Adolescent Mental Health Services provide input for young people and families where the young people are suffering with mental health issues which could be emotional and behavioural problems, neuro-developmental disorder, learning difficulties, attachment disorders and mental health problems like anxiety, depression and psychosis.</p> <p>Tier 3 CAMHS are a multi-disciplinary team consisting of Child Psychiatrists, Psychologists, CPNs, Family Therapists, Psychotherapists and Occupational Therapists.</p> <p>Trainees will gain an experience of shadowing initially and subsequently working conjointly with members of the multi-disciplinary team. They will gain knowledge and experience of assessing children and young people in different settings in clinic, school and home. They will be able to gain experience of undertaking a developmental history, mental state examination, school observations and working systemically with families and individually with young people. They will have the opportunity to participate in specialist clinics like ASD, ADHD and Early Intervention for Psychosis. They will also have an opportunity to experience specialist therapies like Family Therapy, individual therapy and group work.</p> <p>Trainees will be able to understand the key aspects of prescribing psychotropic medication in children and young people and formulating a management plan. Trainees will be able to participate in the deliberate self harm rota on the Paediatric Ward and understand the context of child protection procedures and use of Mental Health Act in children and young people. The Trainees will have one hour mandatory supervision in addition to weekly protected teaching time at Bushey Fields Hospital and participate in audit, journal club and case based discussion. There is access to the library and Post Graduate Centre which is well resourced and the staff are knowledgeable</p>
<b>Where the placement is based</b>	Elms Health Centre, Halesowen Dudley Group NHS Foundation Trust is the employing Trust.
<b>Supervisor(s) for the placement</b>	Dr Ratna

<b>Main duties of the placement</b>	<p>The main duties are taking part in:</p> <ul style="list-style-type: none"> <li>• Initial Choice appointments.</li> <li>• Working with children and families over a short period of time under supervision.</li> <li>• Taking part in the deliberate self harm rota.</li> <li>• Working a couple of sessions a month in the ADHD and ASD Clinic. There will be a sufficient period of shadowing and observation until such time the Trainees feel comfortable in working with young children and families on their own</li> </ul>
<b>Typical working pattern in this placement</b>	<p>Full shift with on call commitment, together with an individual Work Schedule being issued.</p>
<b>Employer information</b>	<p>Based in the heart of the Black Country, The Dudley Group NHS Foundation Trust is the main provider of hospital and adult community services to the populations of Dudley, significant parts of the Sandwell borough and smaller, but growing, communities in South Staffordshire and Wyre Forest.</p> <p>The first hospital trust in the area to be awarded coveted Foundation Trust status in 2008, we provide a wide range of medical, surgical and rehabilitation services.</p> <p>Currently the Trust serves a population of around 450,000 people from three hospital sites at Russells Hall Hospital, Guest Outpatient Centre in Dudley and Corbett Outpatient Centre in Stourbridge. The Trust provides the full range of secondary care services and some specialist services for the wider populations of the Black Country and West Midlands region. The Trust also provides specialist adult community based care in patients' homes and in more than 40 centres in the Dudley Metropolitan Borough Council community.</p> <p>Our hospitals are among some of the most technologically advanced in the country, where state-of-the-art equipment and modern, purpose-built buildings combine to create the highest standards of patient care.</p> <p>In a year we...</p> <ul style="list-style-type: none"> <li>• deliver 4,700 babies</li> <li>• see around 500,000 outpatients</li> <li>• treat almost 100,000 patients in our emergency department</li> <li>• maintain our 13,000 Public Members</li> </ul> <p>The hospital has a state of the art Education Centre, Simulation Facility and excellent library facilities. It also has an Undergraduate Teaching Academy taking over 500 medical students from Birmingham University each year.</p>

It is important to note that this description is a typical example of your placement and may be subject to change.