

**Freedom of information questionnaire for antenatal units – 014551**

7/2/19

Please note the Trust is not a Mental Health Unit

**Demographics of pregnant women**

What is the number of women from BME backgrounds who have given birth in 2014, 2015, 2016, 2017 and 2018?

BME background defined as those mothers who did not identify themselves as “White – British” ethnic origin. Excludes mothers whose ethnic origin was unknown or not stated.

<b>Ethnic Origin</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
BME	812	935	928	920	839

What is the number of women who have given birth within each age category of under 16 years of age, 16-19 years, 20-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-50 years, over 50 years, for 2014, 2015, 2016, 2017, 2018?

Due to the low numbers in some of the age categories you have specified, the Trust has changed the age grouping so as not to make this potentially identifiable to the persons involved.

<b>Age Group</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
<19 YEARS	226	204	195	190	157
20-24 YEARS	896	850	862	866	758
25-29 YEARS	1336	1372	1366	1382	1348
30-34 YEARS	1230	1266	1275	1272	1237
35-39 YEARS	553	546	639	577	629
>40 YEARS	114	126	107	123	126

What is the number of women who have given birth in 2014, 2015,2016,2017,2018 for whom English is not a first language?

Not known, this information is not a mandatory data collection item.

What is the number of single parent families in 2014, 2015,2016,2017,2018?

Not known, this information is not a mandatory data collection item

What is the number of families conceiving via assisted reproduction technologies (including but not limited to IVF, donor egg, donor sperm, surrogacy) in 2014, 2015,2016,2017,2018?

This information is only held in patient individual notes.

What is the number pregnancies rated as high-risk pregnancies in 2014, 2015,2016,2017,2018? -

***Information available from 2015 onwards. The number of ladies who were recorded as consultant-led at the time of booking***

	2015	2016	2017	2018
Consultant-Led at Booking	3433	3522	3632	3629

What were the number of elective caesareans in 2014, 2015,2016,2017,2018? -

	2014	2015	2016	2017	2018
ELECTIVE LSCS	481	596	593	622	571

What were the numbers of emergency caesareans in 2014, 2015,2016,2017,2018?

	2014	2015	2016	2017	2018
EMERGENCY LSCS	665	705	784	856	720

What were the number of pre-term births in 2014, 2015,2016,2017,2018?  
Pre-term defined as gestation at birth prior to 37 weeks.

	2014	2015	2016	2017	2018
Gestation at birth <37+0	295	354	339	361	334

What were the number of pre-term babies transferred to another NHS Trust (e.g. for more intensive case, access to other services) in 2014, 2015,2016,2017,2018?

Of the pre-term babies born here the following number of babies were transferred to another NHS Trust:

	2014	2015	2016	2017	2018
Pre-term born at RHH transferred out	19	27	20	24	18

What were the number of home births in 2014,2015,2016,2017,2018?

Includes only intended births at home, those unintended as born before admission (BBA) are excluded.

	2014	2015	2016	2017	2018
HOME BIRTH	28	26	47	39	31

What were the number of home births transported to hospital via ambulance during or after labour in 2014, 2015, 2016, 2017, 2018?

Due to the low numbers in the first 3 years the numbers have been grouped together.

2014/15/16 - 5

2017 - 6

2018 - 12

### Screening and treatment for mental health during pregnancy

Are women currently screened for mental health problems during pregnancy?

Yes

Are men currently screened for mental health problems during pregnancy?

No, this is not currently included in any standards.

If men and women are screened for mental health problems during pregnancy, how are they screened?

Women are screened using 'Whooley' questions.

What services are offered to those suffering from mental health problems during pregnancy?

Support via GP practice, Community Midwife, Specialist Midwife Vulnerable Women, Specialist Midwife Substance Misuse, Perinatal Mental Health Clinic, Mental health Services from Mental Health Trust

What information is given to those suffering with mental health problems during pregnancy?

This will depend on the problem and will vary based on individual assessment and need.

What is the number of women identified as having mental health issue during pregnancy in 2014, 2015, 2016, 2017, and 2018? Please indicate the numbers in each of the following categories; depression, anxiety and psychosis.

Not held electronically this information would be held in individual patients' notes which are not accessible under the FOI Act (exemption Section 40 personal information).

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How long was the waiting list for psychological treatment during pregnancy in 2014, 2015, 2016, 2017, 2018?

Information not held by The Dudley Group NHS Foundation Trust. This information would possibly be held by a Mental Health Trust.

What was the number of women prescribed anti-depressants during pregnancy in 2014, 2015, 2016, 2017, 2018?

Not held electronically this information would be held in individual patients' notes which are not accessible under the FOI Act (exemption Section 40 personal information).

What was the number of suicides during pregnancy in 2014, 2015, 2016, 2017, 2018?

None

What is the number of fathers identified as having mental health issues in 2014, 2015, 2016, 2017, 2018

If disclosed this would be in the 'mother to be' notes it would not be recorded electronically. Individual patients' notes are not accessible under the FOI Act (exemption Section 40 personal information).

What treatment is offered to those experiencing mental health problems during pregnancy?

The Trust has a perinatal mental health clinic on site once a week as part of the Black Country STP perinatal mental health work stream. Treatment would depend on individual needs and changes to medication can be made in clinic. There is support from specialist staff in this clinic with support from the specialist midwives.

Do you have pregnancy support groups?

The Trust has antenatal classes but nothing specifically for mental health

What is the number of mental health specialists working within the antenatal unit?

The Trust has a perinatal mental health clinic on site once a week as part of the Black Country STP perinatal mental health work stream. Four specialist staff run this clinic with support from the specialist midwives

What is the number of qualified mental health professionals working within each service who offer treatment for antenatal mental health problems?

The Trust has a perinatal mental health clinic on site once a week as part of the Black Country STP perinatal mental health work stream. Four specialist staff run this clinic with support from the specialist midwives

What is the lowest age of women referred during pregnancy for mental health problems?

Not known, this information would be held in patient notes. Patient could be referred from different sources for example GP, hospital, social worker.

### **Pregnancy information**

What methods are used to deliver information to expectant parents during pregnancy?

Written leaflets, hand held pregnancy notes, social media, online apps and online websites

What types of written information is given to expectant parents during

pregnancy? <http://www.dgft.nhs.uk/services-and-wards/maternity/maternity-information-leaflets/>

Does written information given during pregnancy contain information about mental health?

Yes via the 'Bounty' app

Can you provide examples of the written information given to women about mental health during pregnancy? (e.g. enclose a copy of the leaflet, take a photo of information, or provide a weblink).

Perinatal mental health

This is a term used to describe how you feel emotionally during your pregnancy, delivery and up to one year after the birth. These feelings may range from being slightly weepy to having a severe mental illness; however, all are treatable. During your pregnancy, the midwife will ask about previous or current mental health treatment and support you may have received or might need.

Is written information about pregnancy offered in languages other than English? - Some information such as antenatal and new born screening is provided by the National Screening Committee downloaded from website

<https://www.gov.uk/government/publications/screening-tests-for-you-and-your-baby-description-in-brief>

If written information is provided in other languages, which languages is the information provided in?

Arabic, Bengali, Chinese, French, Polish, Portuguese, Punjabi, Romanian, Somali and Urdu.

### **Postnatal information and mental health**

What support is offered to women who had a traumatic birth?

Birth reflection service and debrief appointment with consultant obstetrician

What support is offered to men who had a traumatic birth?

None

Is written information offered after a traumatic birth?

This would depend on the type of trauma

Is counselling offered after a traumatic births?

Not from within the Trust, the GP would refer patient to mental health services for counselling

Are additional follow-up appointments standard after discharge from a traumatic birth?

No not standard

What are the numbers of women identified as having postnatal depression?

What are the numbers of men identified as having postnatal depression?

What are the numbers of women identified with postnatal anxiety?

What are the numbers of men identified with postnatal anxiety?

What are the numbers of women with postnatal psychosis?

What are the numbers of men with postnatal psychosis?

Information to the questions above would be held by the GP or Health Visitor

How long is the waiting list for psychological treatment for women and for men identified with mental health problems during the postnatal period?

How many in-patient "mother and baby" psychiatric beds do you have?

What types of treatments are offered to women with depression after pregnancy?

What types of treatments are offered to men with depression after pregnancy?

What types of treatments are offered to women with anxiety after pregnancy?

What types of treatments are offered to men with anxiety after pregnancy?

What types of treatments are offered to women and men with psychosis after pregnancy?

What types of treatments are offered to men with psychosis after pregnancy?

Information to the questions above would be held with Mental Health Trusts