



# Carers Support

**Do you support a relative, friend or a loved one to complete everyday tasks?**

You might be helping with cooking, cleaning, running errands, making phone calls, arranging appointments or assisting with washing, dressing or medication.

Often people who provide this kind of support do not recognise themselves as being a carer and may need some information or extra help.

## **Carers Support**

The Carer Co-ordinator is based in the hospital to provide information and support to people caring for family members or friends.

For support please contact Sharon McGlynn on 07435 754386 or email [sharon.mcglynn@nhs.net](mailto:sharon.mcglynn@nhs.net)

## **Further Information and Support:**

### **Carers Drop-in @ Dudley Carers Hub and Wellbeing Service**

Queens Cross, Wellington Road,  
Dudley, DY1 1RB

**Monday to Friday 9:30am - 3:00pm**

t: 01384 818723

e: [carers.network@dudley.gov.uk](mailto:carers.network@dudley.gov.uk)

### **Access to Adult Social Care Team**

t: 0300 555 0055

e: [accessteam.dachs@dudley.gov.uk](mailto:accessteam.dachs@dudley.gov.uk)

### **Age UK Dudley**

t: 01384 267006

e: [informationandadvice@ageukdudley.org.uk](mailto:informationandadvice@ageukdudley.org.uk)

### **Carers UK Advice Line**

t: 0808 808 7777

### **Dudley Crossroads**

### **Carer and Elderly Support Service**

t: 01384 298513

