

Carers Tea & Chat



Do you support a relative, friend or a loved one to complete everyday tasks?

You might be helping with cooking, cleaning, running errands, making phone calls, arranging appointments or assisting with washing, dressing or medication.

Often people who provide this kind of support do not recognise themselves as being a carer and may need some information or extra help.

Carers Tea & Chat is a hospital charity service provided by the Carer Co-ordinator and volunteers. We visit the wards on a regular basis to raise awareness of the information and support available for carers in the Dudley borough. We offer visitors a hot drink and a friendly chat.

If you would like to make a donation please contact the Finance Office on 01384 244252 and state: Contact ID 005476 Tea & Chat 0008/4608/000201

Further Information and Support:

For further information contact
Carer Coordinator, Sharon McGlynn:
t: 07435 754386
e: sharon.mcglynn@nhs.net

Carers Drop-in @ Dudley Carers Hub and Wellbeing Service (Dudley MBC):
Monday to Friday 9:30am - 3:00pm
Queens Cross, Wellington Road,
Dudley, DY1 1RB
t: 01384 818723
e: carers.network@dudley.gov.uk
w: www.dudley.gov.uk/carers

Talk to Healthwatch Dudley about your experience of being a carer:
t: 03000 111 001
e: hello@healthwatchdudley.co.uk

