

## Lupus

Lupus is a long-term condition that can cause inflammation in the skin, and organs. Lupus is an autoimmune condition. The immune system, which normally protects us against infection and illness, starts to attack the body's own tissues instead. There are two main types of lupus: Cutaneous (CLE) and systemic lupus erythematosus (SLE). CLE only affects the skin. It can be one small area on the skin, or it can be widespread and different forms can occur. SLE can affect many parts of the body including the joints, kidneys and lungs. It can range from mild to severe. There is no cure, but early treatment can help to keep symptoms under control. The Lupus clinic at Russells Hall hospital mainly looks after patients with SLE and aims to provide holistic care for patients with this multisystem condition.

More information about lupus can be found at <https://www.lupusuk.org.uk/> and <https://www.versusarthritis.org/about-arthritis/conditions/lupus-sle/>