

In addition to all services provided by the charity we also offer several peer support groups where you can meet new people, enjoy social activities and learn more about your diagnosis. These include:

Activities

- Relaxation
- Exercise for Health & Wellbeing
- Art Therapy
- Craft

Peer Support Group Meetings

- Bowel Cancer Group
- Breast Cancer Care Group
- Gynae Cancer Group
- Prostate Cancer Group
- Rainbow Breast Reconstruction Group
- Skin Cancer Group
- Upper GI Group

Peer Community Support Groups

- Halesowen Branch Group
- Sedgley & Gornal Branch Group
- Stourbridge Branch Group



The White House

10 Ednam Road

Dudley

DY1 1JX

Tel: 01384 231232

Email: info@support4cancer.org.uk

Web: www.support4cancer.org.uk

How to find us

We are a few minutes walk from the centre of Dudley. The Centre is convenient for bus services. There is disabled access and we have our own car parking facilities. Our overflow car park is used at busy times and can be reached via The Broadway.



White House Cancer Support



@WHCancerSupport



White House Cancer Support Limited
Registered in England and Wales
Company No. 07604847
Registered Charity No. 1141904



Providing practical and emotional support for those affected by a cancer diagnosis.



If you, or someone you care about, is affected by cancer, we're here to help.





White House Cancer Support is a locally based registered charity, founded in 1984, supporting cancer patients, their family, friends and carers in the Dudley borough and surrounding areas.

Our friendly team of staff and volunteers provide practical help and emotional support to those affected by a cancer diagnosis. We provide a wide range of services and facilities available both on and off site including:



Support & Information

Through the support given we aim to provide information and reassurance. The charity provides a wealth of information relating to a specific cancer diagnosis. In addition, we can refer or signpost to additional services to meet all requirements.

Anyone affected by a cancer diagnosis is welcome to drop in and meet with Kelly, our support and information officer, at any time. We always take time to find exactly what you require and ensure you receive the correct information.



Transport

Providing practical help in assisting patients to and from hospitals for treatment or out-patient appointments. The service is available for people living within the Dudley borough, or those who have a GP registered within the borough. Our friendly volunteer drivers will pick you up from home and can stay with you throughout the duration of your appointment.

Destinations we support people to, include: New Cross Hospital, Wolverhampton Queen Elizabeth Hospital, Birmingham Russells Hall Hospital, Dudley

We have a limited number of drivers available and would ask that only those with no other means to reach their appointment contact us for this service. For more information please contact Jon, our transport coordinator.



Counselling

There are times when dealing with a situation is difficult and people need additional support. Our emotional support service is provided by a team of counsellors who give one-to-one support. Concerns could include: fear, depression, anxiety, anger, bereavement, stress, work etc.

If you feel that you might benefit from our confidential counselling service, please call us to make an appointment.



Complementary Therapies

Complementary therapies are not intended in any way to replace the conventional treatments that you will receive from hospitals and medical practitioners. However, evidence suggests that many people find complimentary therapies help them to cope with the experience of cancer, by reducing anxiety, depression, improving sleep and general sense of well-being.

Complimentary therapies are provided by qualified, practising therapists. 6 therapies are provided free of charge including: Aromatherapy, Indian Head Massage, Massage, Reflexology and Reiki. For those wishing to receive further therapies we do have a charge of £10 per session.

If you would like more information or to book an appointment, please contact one of our staff who will be happy to discuss this with you.

