

Pamela Beckford, matron

I have been a nurse for over 35 years and have worked both in the NHS and the private health sector. During my first 10 years in the NHS, I worked in cardiology/cath lab and within five years of starting I became as sister in this area.

Working in cardiology, I was given opportunities to develop and progress by leading the cath lab service and managing people. Following this period, I pursued my career at another Trust where I became an acting ward manager for AMU, improving patient care, pathways and being able to influence change.

I have been a matron since 2010 in radiology and in 2018, whilst working in London, I managed both imaging and outpatient services for Private Health Care, one of the leading Hospital in central London. Prior to my current post here at Dudley, I worked at a neighbouring trust as a matron for radiology, dermatology and rheumatology. I am passionate about working to achieve good and outstanding CQC results and knowing what a good and outstanding service requires to achieve such status.

> I am a mother of a 35 year old son and I am extremely proud of the work he has achieved as a researcher in education, police writing and inequalities in education across the globe. He has worked as an intern for the Government as well as international development. He inspired me to aim high, although the PhD he is currently studying is a long way from my aspirations.







Outside of work, I am a community responder within the Handsworth area where I was able to work with the BHF and ambulance service to secure a defibrillator at the local church for the community. It is recognized that BAME communities are highly likely to have cardiac disease and prone to cardiac events.

My interest in the community stems from my father who was a chairman for OSCAR Sickle Cell Anaemia. As a teenager I worked as a volunteer supporting this charity as well as campaigning for equality for education where my father set up a Saturday school at the African Caribbean Centre in Sandwell.

What does BHM mean to me?

It is fundamentally important more so than ever to recognize the contribution of individuals and communities past and present to British society and culture. Black Lives Matter, Black Mind Matters, and COVID have shone a light on the inequalities of the Black communities. In the past 2 and half years, I have become passionate about getting involved in equality and diversity and see this as a positive opportunity to influence changes and support staff where needed.

Interested in joining the BAME staff network? email <u>dgft.bamenetwork@nhs.net</u>

