

Date: 08/04/2022

FREEDOM OF INFORMATION REQUEST FOI/016136 – Period policy

Do you have a period policy for staff? - Not yet

If you do, when was it implemented and what does it say? - N/A

If not, are you planning to implement one? - Looking into how we better support female staff and we have included specific information on the menopause on our staff intranet pages and have a number of trained menopause champions in the Trust. The development of policies are next steps which will inform our long-term plans and strategy

Do you provide any free sanitary products for staff? If yes, for which staff and where? - No

Are the needs of women who have health problems related to their periods (such as endometriosis) covered by any other policies? - Covered by our disability and long-term condition guidelines.

What are you doing to ensure staff have the knowledge and support they need with any issues related to their menstrual cycle? - Offering more education on this subject via awareness and information sharing. We are also in the process of setting up some menopause drop in sessions for staff to talk openly about the menopause.

However, further development is ongoing and will inform our plans moving forwards