

Date: 21/04/2022

## FREEDOM OF INFORMATION REQUEST FOI/016149 - Dietician support

I want to make a freedom of information request to receive a hard copy of the services eligibility criteria for patients to receive the dietitian support service by phone.

Please see criteria as requested.

## **Adult Referrals Accepted by Community Dietetics Department**

	Category	Criteria
1	Oral Nutritional Support	MUST score is 2-6.
		i.e. BMI below 18.5kg/m², recent 10% weight loss, or
		BMI <20kg/m <sup>2</sup> and >5% weight loss.
		Pressure ulcers grades 3/4
2	Coeliac Disease	Newly diagnosed
		Poor dietary compliance
3	Gastrointestinal problems/ food	All Crohn's disease
	intolerance	All Ulcerative colitis
		All food intolerance
4	Irritable Bowel Syndrome	IBS diagnosis by a doctor.
5	Diabetes	Newly Diagnosed Type 2
		Poor blood glucose control/requires dietary review
		(All type 1 diabetes patients/ patients on triple
		therapy referred into specialist diabetes service)
6	Obesity	Up to a BMI 30kg/m <sup>2</sup> (27.5 if Asian origin)
		Greater than a BMI 27.5kg/m <sup>2</sup> with co-morbidities
		(23.5kg/m² if Asian origin)
		Ready to make dietary changes
		BMI between 30 – 40kg/m2 would need to be
		referred to 'Solutions4health'
		BMI over 40kg/m2 would need to be referred to the
		Bariatric Service via their GP
7	Miscellaneous	Not exclusive to, but including:
		Diverticular disease
		Constipation
		Lipid lowering
		Other miscellaneous e.g iron deficiency, anaemia

N.B - Adults from the age of 16 years with the exception of those who attend special needs schools up to the age of 19 years.