



DAY IN THE LIFE

NATALIE BAGLEY THERAPY ASSISTANT PRACTITIONER



My career journey to date

I knew before I left school that I wanted to work with children or adults in some capacity and decided on childcare. I worked in this field for many years before moving over to working with adults. I wanted a change and completed further NVO'S and training before working for a private care company for a few years before joining the NHS.

I started working for the NHS in a community intermediate care team. Here I began working within a multi-disciplinary team of physios, occupational therapists, speech and language therapists and therapy staff. I then worked within an early supportive discharge team supporting stroke patients with their rehabilitation on returning home. During these five years I completed further training in stroke competencies with Wolverhampton University. Working with a vast array of colleagues including nurses and psychologists and external services, my knowledge and passion for stroke rehabilitation grew.

I moved to the Dudley Group almost five years ago into a band 4 role. Here I continue to work with stroke patients on discharge from hospital and my role is predominantly a community role, however I have also gained experience here with working within therapy groups and supporting patients in a clinic setting. I work flexibly to meet the needs of the service and our patients

Why become a therapy assistant practitioner?

I became a Therapy Assistant Practitioner to continue my love of supporting people in their time of need.

What does the average day look like?

Working in the community our days can vary vastly depending on your caseload and the needs of the patients. A typical day may start working from home checking emails, phone logs and completing contact sheets. Getting out to see patients as promptly as possible. Usually working alone however there are double visits required for some patients. I would complete a variety of therapies with patients including physiotherapy, occupational therapy, speech and language therapy and psychological support.



What does today look like?

Today is a busy day, working with physio and a year three student, predominantly double visits, also visiting the office to file notes as most days as well as liaising with external agencies and families with regard to visits made earlier this week

What does today look like?

I really enjoy my job. I find it very rewarding to be able to support people during their time of need. As the years within my field of work grow, so does the knowledge of that role and support available. Being able to use this to support patients, staff and students is very rewarding.

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