



**NHS**  
**BIG TEA**  
**5 July 2023**

The NHS Big Tea is an excellent opportunity for communities to come together and pay tribute to brilliant staff and volunteers, who went above and beyond during the pandemic to keep us and our loved ones safe.

**DUDLEY GROUP NHS CHARITY**

Russells Hall Hospital,  
Dudley DY1 2HQ  
dgft.fundraising@nhs.net  
01384 244349  
Charity Number: 1056979



**NHS 75**

**The Dudley Group**  
NHS Foundation Trust





# ABOUT OUR CHARITY

- The Dudley Group NHS Charity makes a real difference to those being treated in our hospitals or in their own homes.
- We are not about providing healthcare; charitable donations enable us to provide comfort and facilities above and beyond those which are provided by the NHS.
- Enhancing a person's visit to us can make all the difference to their wellbeing, improving recovery and overall experience.

## Did you know?

In a year the Dudley Group NHS FT deliver 4,700 babies  
see around 500,000 outpatients  
treat almost 100,000 patients in our emergency department



## Here's how the money you raise could help:

**£20** could help pay for a one-to-one mental health or bereavement counselling session for NHS staff.

**£50** could help provide training in peer-to-peer support for NHS staff, so everyone can be there for each other.

**£150** could help fund a sleep pod for NHS staff so they can rest after long shifts.

**£500** could go towards a wellbeing room, where NHS workers can recover.



The NHS Big Tea is an annual nationwide fundraising event on the **5th July**, the NHS' Birthday.

It provides an opportunity for everyone to come together and show their appreciation and support for our NHS.

Let us know if you are planning to host a tea party; we have fundraising support available.

- Fundraising Pack
- Posters for your noticeboard
- Bunting and decorations
- Social Media banners

Be a key part of an iconic nationwide event and support the Dudley NHS Charity

See first-hand the difference your fundraising is making at a local level

Together we can make a difference

### Top Tea Tip

Set up a JustGiving page through our link:

[www.justgiving.com/campaign/NHS-BigTea-Dudley](http://www.justgiving.com/campaign/NHS-BigTea-Dudley)

to collect donations - you can even create your own QR code!



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**IT'S TIME TO GET THIS  
PAR-TEA STARTED!**

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