

Trust Headquarters
Russells Hall Hospital
Dudley
West Midlands
DY1 2HQ

Ref: FOI-052025-0001626

Date: 1.7.25

Address / Email:

Dear

Request Under Freedom of Information Act 2000

Thank you for requesting information under the Freedom of Information Act 2000.

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to shopping addiction, which is also known as Compulsive Buying Disorder (CBD) or Oniomania. Could the information please be provided in financial years.

For background, I have been advised that:

- GPs or NHS talking therapies would be the first point of call for such patients.
- Generally those diagnosed with the condition would rarely be diagnosed with it on its own as other mental health problems are likely to be present as well.
- The ICD-11 diagnosis criteria may be used and under that, this condition could be listed as 'obsessive compulsive disorder - other' (which was what gambling used to be noted as before it was added to the diagnosis criteria).

1. How many people have been identified as possibly having the condition (Compulsive Buying Disorder - CBD) during the following periods:

1. 2020/21
1. 2021/22
1. 2022/23
1. 2023/24
1. 2024/25
1. 2025-to date

2. What is the age and gender of those mentioned in question 1?

3. If someone presented to the NHS with this condition, what support or treatment options are available?

4. How many people have been identified as having Compulsive Buying Disorder (CBD) alongside another mental health diagnosis? E.g OCD or ADHD.

5. What is the age and gender of those mentioned in question 4?

6. How many people have been identified as having a behavioural addiction e.g gambling, porn or gaming, during the following periods:

1. 2020/21
1. 2021/22
1. 2022/23
1. 2023/24
1. 2024/25
1. 2025-to date

7. What is the age and gender of those identified in question 6?

For questions 2, 5 and 7, I am not requesting any information that would identify patients.

The Dudley Group NHS Foundation Trust is not a Mental Health Trust.

The local mental health services are provided by Black Country Healthcare NHS Foundation Trust.

bchft.foi1@nhs.net

If you are dissatisfied with our response, you have the right to appeal in line with guidance from the Information Commissioner. In the first instance you may contact the Information Governance Manager of the Trust.

Information Governance Manager
Trust Headquarters
Russell's Hall Hospital
Dudley
West Midlands
DY1 2HQ
Email: dqft.dpo@nhs.net

Should you disagree with the contents of our response to your appeal, you have the right to appeal to the Information Commissioners Office at.

Information Commissioners Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
Tel: 0303 123 1113
www.ico.org.uk

If you require further clarification, please do not hesitate to contact us.

Yours sincerely

**Freedom of Information Team
The Dudley Group NHS Foundation Trust**