

Living with an Implantable Loop Recorder (ILR)- Patient Information.

Driving: Unless your consultant/ doctor has told you that you are unable to drive, then you can drive as normal.

Employment: Unless you work in an area that has strong magnets there is no issues

Home Life: Most mechanical and electrical appliances that you use in normal daily life are safe to use. You can safely use microwaves, vacuum cleaners, lawn mowers and computers as long as they are in good working order.

Mobile & Cordless Phones: **Do not** place in a breast pocket above the device.

Holidays: It is safe to travel abroad, however you **MUST** show your pacemaker ID card to the security officers and asked to be searched by hand.

Wound Care: Remove the wound dressing after 48 hours. The steri-strips should be left to fall off naturally. You **MUST** keep the wound dry for the next 7-10days to avoid infection. If an infection occurs then the site would appear red, swollen, painful, may be warm and ooze fluid. If this happens you **MUST** phone the devices clinic.

If we have had to use sutures to close your wound, then we will make you aware of this. These sutures will be dissolvable.

Cremation: The device will need to be removed before cremation.

Should you have any concerns regarding your device please contact us:

PACEMAKER CLINIC: 01384 456111 ext 2156 We are available Monday to Friday (8:00 – 17:00)

If out of hours/weekend contact CCU 01384 456111