

# Dudley Rehabilitation Service

**Patient Information Leaflet** 

## **Based at:**

### Stourbridge Health & Social Care Centre

John Corbett Drive, Stourbridge, West Midlands, DY8 4JB 01384 321600 (Option 2) (8.45am to 4.30pm, Monday to Friday)

#### **Corbett Rehabilitation Centre**

Corbett Outpatient Centre, Vicarage Road, Stourbridge, West Midlands, DY8 4JB 01384 244705 (8.30am to 4.30pm, Monday to Friday)

## About the Dudley Rehabilitation Service (DRS)

The DRS offers a comprehensive range of treatments to people aged over 16 years who have rehabilitation needs and who have a Dudley GP. Rehabilitation means helping someone back to health or normal life, through training and therapy.

The DRS has teams made up of:

- Physiotherapists
- Occupational therapists
- Speech and language therapists
- Therapy assistants

- Case managers
- Dieticians
- A neurology specialist
  pharmacist
- Clinical nurse specialists

All of the treatments offered are tailored to an individual's needs and goals. DRS have specialist therapists who offer treatment for people who have:

- had a stroke
- long term conditions such as multiple sclerosis and Parkinson's disease
- a physical disability
- had a brain injury
- had a fall

# What services does DRS provide?

- Assessment
- Advice, information and education on your condition
- Medication review and advice
- Physical rehabilitation
- Self-management programs
- Groups, including balance and exercise programs
- Virtual, clinic and home visit appointments
- Referral to other services where appropriate (with your consent)

# How does DRS work?

We receive a referral so that we know you need rehabilitation. This is sorted to make sure it goes to the best healthcare professional team for your needs. Your referral is then placed on this team's waiting list.

When an appointment becomes available, we will ring you with an appointment date and time. If we are unable to contact you, we will send a letter asking you to ring us for an appointment.

We will see you, virtually, at the Corbett Rehabilitation Centre or in your own home, if our assessment shows that this would be better for you.

At your first appointment, your allocated therapist will discuss your needs and set rehabilitation goals with you. These will be reviewed on a regular basis.

Our therapists will meet every week to discuss your treatment and progress. This helps us to ensure you receive the best possible treatment we can provide. If it is needed, our therapists will refer you on to other professionals or services.

As part of your treatment, you may be seen by therapy assistants, in a group setting or by a student. If you do not wish to be seen by a student, please contact us before your appointment so alternative arrangements can be made.

## Home visits

We will visit you in your home if you are housebound, or if your therapist thinks your treatment would be better carried out in your home environment. Our therapists do their best to arrive at their appointment time but delays can occur.

We politely ask you not to smoke just before or during your appointment. If you have any pets that may interrupt the treatment, please can you keep them in another room until your session has finished.

## Please respect us as we are here to help you.

Verbal and physical abuse of our staff will not be tolerated.

## What happens at a clinic appointment?

Clinic appointments will usually take place at the Corbett Rehabilitation Centre. We ask you to arrange your own transport wherever possible but if you do need hospital transport, it is your responsibility to book it. DRS staff are happy to give you the telephone number to do this.

You will not be able to book an ambulance on the same day as your appointment so please make sure it is booked in advance. If you book an ambulance, you will need to be ready two hours before your appointment time. Please note that missed appointments cost the NHS money. Please contact us if you are unable to make your appointment so it can be offered to someone else. Thank you.

#### This leaflet can be downloaded or printed from:

http://www.dgft.nhs.uk/services-and-wards/dudley-rehabilitation-service-drs/

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

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此宣传单可提供大字版本、音频版本和其它语言版本,请拨打电话: 0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta brosura poate fi pusa la dispozitie tiparita cu caractere mari, versiune audio sau in alte limbi, pentru acest lucru va rugam sunati la 0800 073 0510.

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