

Rehabilitation after Stroke
How the charity is helping patients in the Stroke Unit

Bringing daylight to a windowless room
LED panels transform spaces

Baby Bereavement Suite Appeal
Update on Bereavement Room refurbishment.



Charity Reg. No: 1056979

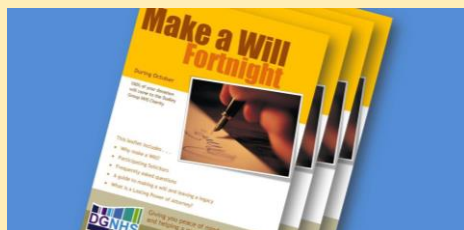
Summer 2019

Charity Review

Will Fortnight

For two weeks, each October, Waldrons Solicitors write Wills for DGNHS Charity supporters free of charge. In exchange, the Will-makers are asked to make a donation to our charity. The campaign also highlights the need for everyone to have a Will.

"Most estimates are that around half of all adults in the UK don't have a Will. The problem is that making a Will is a subject seldom spoken about because it means talking about death. While no-one can control when the inevitable happens, everyone can maintain control of what happens to their possessions when it does. We are pleased this campaign, as well as raising the importance of Wills, can support a charity that does so much good in the region." said Dawn Cash, expert in Wills at Waldrons.



Will Fortnight:
7-18 Oct 2019
See website for details

Charity to launch £100,000 Children's ED Appeal

Recent years have seen a significant rise in patients in a mental health crisis admitted to the emergency department; this has meant that children in crisis are subject to potentially distressing sights and sounds at an already upsetting time.



We realise that every child is different and may have a combination of additional needs. We want to transform a hospital visit for children from a potentially frightening experience into a positive one that encourages calm and co-operation.

The appeal will be supporting improvements to the children's waiting area and consulting rooms; making sure they are equipped with sensory distraction items.

Donate: www.justgiving.com/campaign/ChildrensED

We aim to provide a safe room for mental health patients or those with challenging behaviour. Patients will be able to wait, and maybe even treated, in a specialist space.

We are looking at the environment where teenagers are treated.

There will also be a provision of specialist 'super hero' type books which explain complex conditions in a simple way.



Sparkle Party in aid of our Children's Emergency Department Appeal
Friday 22 November 2019

Copthorne Hotel Dudley

Tickets: £35 (*£30 early bird price)

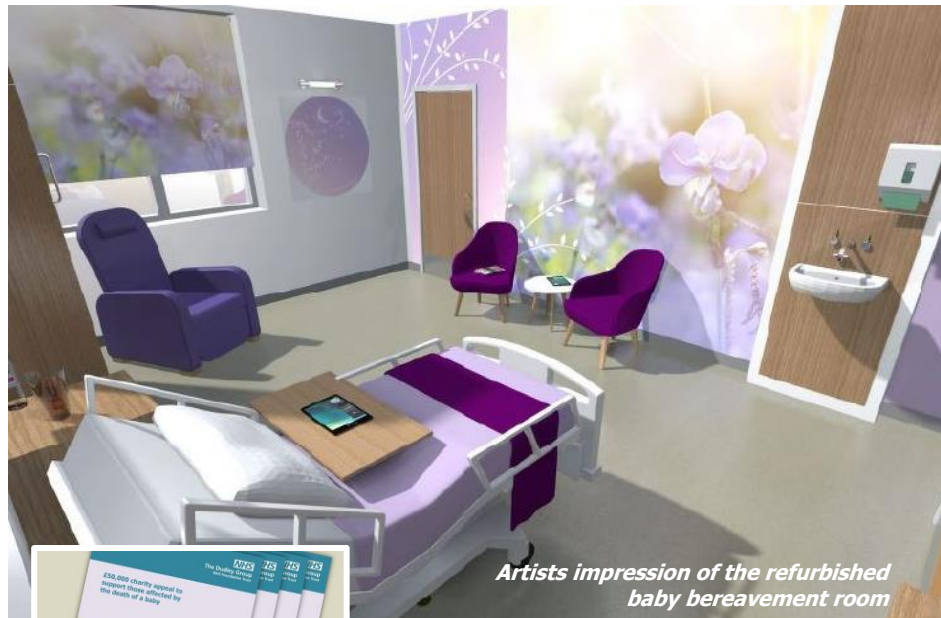
Email: dgft.communications@nhs.net

"Making our vision happen involves all our partners: staff, patients and the local community"



Amazing success of the Baby Bereavement Appeal

The Trust has been delighted to have received over £60,000 in donations for this appeal. Plans are now underway to make the changes to the room in Russells Hall Hospital.



Artists impression of the refurbished baby bereavement room



There is more information on the Baby Bereavement Campaign, and how you can make a donation, available on our website: www.dgft.nhs.uk/our-charity

To donate: www.justgiving.com/campaigns/charity/dghc/babybereavement

The appeal has highlighted the essential need for support in this specialist area of care. The charity has decided to continue to raise funds to continue to offer the best care possible at such a tragic time.

Offering the right support to those going through such a devastating time is extremely important to us.

Your donations will enable us to:

- Improve the environment in which families spend time adjusting to the death of their baby;
- Give more of our staff specialist training to enable them to sensitively support bereaved parents, and their varying needs, in the best way possible;
- Provide keepsakes to enable the family to build some precious memories.

Please consider supporting one of our appeals



Dementia

Moving forward with dignity and respect

A diagnosis of dementia is life changing for the patient, their family and friends. But the diagnosis does not mean that life is over, just different. With preparation and understanding you can face the challenges head on.



Children

Making it better for our younger patients

Hospitals can be a scary place, especially for children. Our charity endeavours to ease the experience of the children in our hospital, and their families, by providing a comfortable, reassuring base for their care and treatment.



Cancer

Caring for the patient and their family

Dealing with cancer, for both the patient and their family, is very distressing. It is vital to our charity that we add as much comfort for our Cancer patients as possible; encompassing the well-being of patients and families.

There is more information on our appeals, and how you can get involved, available on our website: www.dgft.nhs.uk/our-charity

Getting mobile after a stroke



Rehabilitation following a stroke is about getting back to a normal life as soon as possible. This can mean learning new skills or relearning old ones. With good care and rehabilitation, there is life after stroke.

Will you help us to raise £6,000 to purchase a specialist low-impact exercise equipment to help our patients who have suffered a stroke to get mobile again?

How this equipment will help our patients

The effortless motor driven movement is ideal for the regulation of muscle tone, loosening stiff muscles and for early mobilisation after long illness. Passive training stimulates blood circulation, digestion and joint flexibility.

There is also motor-supported movement therapy, the function which enables easy transition from passive to active training. A motor-supported movement stimulates strength and endurance even with minimal muscle strength.

Finally there is active training with the patient's own muscle power against finely adjustable resistance levels strengthens leg, arm and upper body muscles and stimulates the cardio-vascular system.

Trust staff bringing daylight into a windowless room



Our staff are continuing to fundraise for special LED sky ceiling panels to be installed in some of our side rooms. They give the impression of looking outdoors. We believe this is an important, yet simple, change to the environment, which will make such a difference to our patients experience at such an important time.

So far we have raised £2,000 but we still have a way to go with our fundraising, so please show your support for this worthy cause and make a donation.

To donate: www.justgiving.com/campaign/CeilingPanels

Lasting memorial for local family

A Dudley man's generous donation in memory of his wife will improve treatment for scores of patients at Russells Hall Hospital.



Michael Bullen's £8,000 gift to Russells Hall Hospital has led to the creation of a new procedure room on ward C5, which looks after patients with respiratory conditions.

Mr Bullen's wife Liz was treated on the ward before her death on 1st June 2018 and he was so impressed by the care she received, he asked how he could help and at the same time create a memorial to his wife.

"The two words that come to mind about Russells Hall Hospital are care and compassion," said Mr Bullen. "Everyone, from the staff in ED to on the ward and in the high dependency unit, were absolutely brilliant. They

fought to do everything they could and were so kind and generous.

Lead nurse Sue Jay explained that Mr Chaudri had mentioned in passing to Mr Bullen that he was hoping to repurpose a storage room. Mr Bullen's donation covered the costs of the room with some left over for equipment such as vein finders for the ward.

The new room means patients can now have chest drains fitted and go home the same day with their condition managed in the community, reducing hospital stays and improving patient experience.



About our Charity

The Dudley Group NHS Charity makes a real difference to those being treated in our hospitals or in their own homes.

We are not about providing healthcare; charitable donations enable us to provide comfort and facilities above and beyond those which are provided by the NHS.

Enhancing a person's visit to us can make all the difference to their wellbeing, improving recovery and overall experience.

Whatever level you wish to get involved - you will make a difference.

All the Trust charities come under the umbrella of the DGNHS Charity and when raising money for our charity you can choose where your money will go.

We can keep you informed of what is needed for our patients and help you decide how you can get involved. You can raise money for a particular area of care or you can spread your donation over a variety of causes.

We will ensure your donation goes where you want it to go.



Go Neon for Neonatal

Rainbow runners were spectacularly splattered with neon powder whilst they made their way around the 5k route at Himley Hall Park, Dudley on Sunday 9 June 2019.

The Neon Dash is the brightest biggest event on the charity's calendar and, over the past two years, has raised a whopping £20,000 for the Neonatal Unit.

The florescent family fun day was superbly supported by the Black Country Radio road show in the family arena, which included a bouncy castle, funky face painting, a barista van, gourmet burgers and a variety of charity stands.



Ambulance staff brave the shave

BIG hearted members of West Midlands Ambulance Service took on a sponsored head shave at Russells Hall Hospital on Monday 8 July.



Mick Clee, Dave Porter, Blake Soley and Phil Baxter, four members of patient transport staff, braved the shave to raise funds for better baby bereavement services at the hospital. There has been massive support for the lads who raised over £1,000 in sponsorship before the event.

Black Country Radio 'Busking for Charity, Omma and Chain' sang lively words of encouragement during the shave and colleagues and passers-by cheered them on and donated over £100 in a bucket collection.

DGNHSCharity

DudleyGroupNHSCharity

Karen Phillips
Fundraising Manager

01384 456111 ext 3349

karen.phillips5@nhs.net

www.dgft.nhs.uk/our-charity

2nd Floor, South Block,
Russells Hall Hospital
Dudley DY1 2HQ

Charity Ref No: 1056979