

Date: 01/05/2019

FREEDOM OF INFORMATION REQUEST FOI/014766 - Cognitive Behavioural Therapy

I am hoping to find out about the contracts a private company, IESO, holds with 30 primary care IAPT services in the UK. IESO provide Online Cognitive Behavioural Therapy to primary care NHS clients. With regards to your service, I am keen to find out:

Contract

- a) When did the contract with IESO commence? - **N/A The Dudley Group NHS Foundation Trust does not use an online company**
- b) When is the contract with IESO due to expire?
Contacts/Number of Patients/Sessions
- c) How many of your patients has IESO seen since the contract commenced? (or on a yearly basis).
- d) How many individual sessions (both at step 2 and step 3, including assessments) has IESO conducted with your Patients since the contract commenced (total number of sessions plus assessments)?
- e) How many sessions are IESO obliged to provide (or how many patients are they contracted to see) during the term of their contract?
- f) Are there limits to the number of session that IESO can provide to patients?
- g) What is the average number of sessions that IESO provide for your clients?
Outcomes
- h) What are the outcomes (recovery rates) for these sessions? – eg Average recovery rates.
- i) Are there specific elements of the contracts about recovery rates for patients?
Supervision
- j) Do IESO provide clinical supervision to the clinicians who provide therapy for your patients?
Funding
- k) What was the total amount paid to IESO during the contract?
- l) How much are IESO paid per session?
- m) How much are IESO paid per course of treatment per patient?