

The breast cancer multidisciplinary team

Patient Information Leaflet

You are under the care of the breast cancer department and your care is managed by the breast cancer multidisciplinary team (MDT). The team consists of:

- Consultant breast surgeons
- Oncoplastic breast surgeon / plastic surgeons
- Consultant histopathologist (who interprets biopsies)
- Consultant radiographer (who takes X-rays and scans)
- Consultant radiologist (who interprets X-rays and scans)
- Consultant oncologists (who provide cancer treatments)
- Breast nurse consultant
- Clinical nurse specialist
- Breast care nurses
- Metastatic clinical nurse specialist - breast care
- MDT coordinator

The team meets every two weeks to discuss the most appropriate care for all new patients and those patients whose condition has changed, based on the information from doctors' examinations, biopsies, scans and X-rays. Once these meetings have been held, and your care has been discussed, an appointment will be made for you with your consultant to discuss suitable treatments.

A permanent record of your consultation, such as a copy of the letter sent to your GP, will be sent to you unless you choose to opt out of this.

If you need any more information, or wish to contact a member of the team, please see the contact list overleaf. Your first point of contact should be your named key worker or your consultant's secretary.

Contact information

Name	Role	Contact number
Mr P S Stonelake	Breast surgeon	01384 244013
Mrs Nicola Bussey	Mr Stonelake's secretary	01384 244013
Mr M Abdullah	Breast surgeon	01384 244014
Mrs Debbie Wright	Mr Abdullah's secretary	01384 244014
Mr V Voynov	Oncoplastic breast surgeon	01384 244015
Mrs Jenny Ensor	Mr Voynov's secretary	01384 244015
Mrs Rachael Willetts	Nurse consultant	01384 244065 Bleep 7694
Ms Julie Wallage	Breast care nurse secretary	01384 244065
Mrs Joanne Cooke	Clinical nurse specialist - breast care	01384 244065 Bleep 8928
Mrs Helen Hulme	Breast care nurse	01384 244065
Mrs Lynn Park-Davies	Breast care nurse	01384 244065
Mrs. Charlotte Dyas	Breast care nurse	01384 244065
Mrs Joanne Jackson	Breast care nurse	01384 244065
Mrs Rachael Rudge	Breast care nurse	01384 244065
Mrs Esther Foster	Breast care clinical support worker	01384 244065
Mrs Selina Ralph	Metastatic clinical nurse specialist - breast care	01384 456111 ext. 2347 Bleep 7911
Mrs Nikki Whitehouse	Trainee breast nurse consultant	01384 244065
Vacant post	MDT coordinator	01384 456111 ext. 3572
Your named key worker is:		

Holistic needs assessment

In order to support you through your diagnosis and treatment, we would like to offer you a holistic needs assessment. Here is a list of areas that you may feel require more detailed support and information. We would be happy to discuss these areas with you at any point during your treatment.

Practical concerns	• Caring responsibilities	• Contact/communication (with NHS staff)	• Washing and dressing	• Housework or shopping	• Insurance and travel
	• Money or housing	• Preparing meals	• Transport or parking	• Work and education	
Family/relationship concerns	• Children	• Partner	• Other relative or friend		
Emotional concerns	• Anger or frustration	• Difficulty making plans	• Guilt	• Loneliness or isolation	• Worry, fear or anxiety
	• Loss of interest /activities	• Hopelessness	• Unable to express feelings	• Sadness or depression	
Spiritual/religious concerns	• Loss of faith or other spiritual concerns	• Not being at peace or feeling regret about the past	• Loss of meaning or purpose of life		
Physical concerns	• My appearance	• Breathing difficulties	• Passing urine	• High temperature or fever	• Hot flushes/sweating
	• Eating or appetite	• Tired, exhausted or fatigued	• Swollen tummy or limb	• Sore or dry mouth	• Nausea or vomiting
	• Getting around (mobility)	• Indigestion	• Memory or concentration	• Sleep problems/nightmares	• Speech problems
	• Pain	• Sexuality	• Dry, itchy or sore skin	• Constipation	• Diarrhoea
	• Taste/sight/hearing	• Tingling in hands and feet	• Wound care after surgery		
Lifestyle or information needs	• Support groups	• Complementary therapies	• Diet and nutrition	• Exercise and activity	• Smoking
	• Alcohol or drugs	• Sun protection	• Hobbies	• Other	
Other concerns					

The working hours of the breast care nurses are:

8.30am to 4.30pm, Monday to Friday

We may not be able to answer your question straight away but will call you back as soon as we have the information you need.

Please note that you can leave a message on the answerphone on the number 01384 244065 and we will return your call as soon as we are available. If you are leaving a message, please state your full name, the consultant you saw at your clinic appointment and your telephone number.

If your call is **urgent**, please ring the hospital switchboard on 01384 456111 and ask them to bleep one of the breast care nurses on the bleep numbers listed.

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from: <http://dgft.nhs.uk/services-and-wards/oncology/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in other formats and languages – please call 0800 073 0510