



The Dudley Group  
NHS Foundation Trust

# 24 hour urine collection

**Department of Clinical  
Biochemistry**  
Patient Information Leaflet

Your doctor has requested that you collect your urine for a 24 hour period so that it can be tested in the laboratory to aid in the investigation of your illness.

**You must:**

- **Collect all the urine passed during the 24 hour collection period.**
- **Label the container clearly with your name and date and times of the urine collection (as described in 2 and 4 below).**

**Unlabelled or incomplete collections cannot be analysed by the laboratory and will be rejected.**

Please take care when collecting urine into the container as there may be a preservative in the container. Do not discard the preservative, but handle the container with care.

**Instructions for patients:**

- 1) Empty the bladder and discard the urine.
- 2) The collection period begins now. **Record the time and date on the label on the container.**
- 3) **All** urine passed in the next 24 hours should be collected into the container. After each addition replace the cap and mix gently with the preservative in the container. Store the container in a cool place during the 24 hours.
- 4) Exactly at the end of the 24 hour period (from time in 2 above) empty the bladder and add this urine to the container. This completes the 24 hour collection. Record the completion time and date on the label on the container.
- 5) (If you have been asked to collect a further 24 hour sample, this will be the starting time of the next sample and all subsequent urine should be collected into a new bottle, again following the procedure given above.)
- 6) Deliver the urine sample and request form to Pathology Reception at Russells Hall Hospital or Corbett Outpatient Centre at your earliest convenience, the next day if possible.

**Opening times:**

Russells Hall Hospital      Monday - Friday      9am - 5.30pm

Corbett Outpatient Centre   Monday - Friday      8am - 5.30pm

**Further information**

If you require any further information regarding our services, you can contact:

The Duty Clinical Biochemist on 01384 456111 ext. 2081.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Department of Clinical Biochemistry

Russells Hall Hospital switchboard number: 01384 456111 ext. 2081.

**This leaflet can be downloaded or printed from:**

<http://dgft.nhs.uk/services-and-wards/pathology>

If you have any feedback on this patient information leaflet, please email [dgft.patient.information@nhs.net](mailto:dgft.patient.information@nhs.net)

**This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.**

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

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