

Date: 23/08/2019

FREEDOM OF INFORMATION REQUEST FOI/014964 – Therapy services

Information request 1 - What services currently work with you to assist the young person (YP) through the transition from children's to an adult service? (including the involvement of family and carers)

- Specialist Consultants, Clinical Nurse Specialists and GP's

Information request 2 - Is there any planning for the transition process that occurs - if so -

Who assists with this process (i.e a named worker) and what is their role?

- Currently there are a number of clinical nurse specialists that drive the transition process however we are submitting a business case for a Transition Co-Ordinator to facilitate the process of transition for CYP with multiple co-morbidities / non-speciality specific transition needs

What age does the planning for this transition process start?

- Approximately 14 years but this depends on the needs of the individual young person

Information request 3 - How person centered is the approach to transition i.e is the current transition process personalised to YP needs or is the same transition process applied across the board to all YP.

- It is driven based on the needs of the individual young person

Information request 4 - What support is provided before the transfer? Including:

Are contingency plans in place if a named worker leaves their position before transition occurs?

- If named worker leaves then the post would be recruited to and filled to continue the service

Does anyone from adults services meet with the YP in your care, if so what appointments do these involve?

- Yes but this is currently dependent on the speciality – diabetes/ GI has combined adult / paediatric clinics, other specialities are working towards it.

What is the role of families and carers in this process? Integral to the process as the parent/ carers often need as much support as the young person.

- They are involved in the 'ready, steady, go' process.

Information request 5 - What support is provided after the transfer? Including:

What happens if young people start to disengage with services or no longer attend meetings once transition has taken place? -

- None specific – depends on the individual

Are the same healthcare services made available in adults services that were provided in children's?

- No , not necessarily depends on the speciality. Some adult services do not directly map to paediatrics and this is of course the challenge of achieving transition.

Information request 6 - How much do children and adult services engage with each other over the course of the transition process?

- For diabetes there are a number of clinics. The current transition policy and individual SOP's are being reviewed. Other specialities may develop these clinics