



The Dudley Group
NHS Foundation Trust

Living with and Beyond Cancer (LWBC) – personalised care and support team information

Oncology

Patient Information Leaflet

Introduction

This leaflet is for people who are living with cancer and who may need support from the Living with and Beyond Cancer (LWBC) team. The team comprises of two clinical nurse specialists and a cancer care coordinator, and you can contact the team at any time of your cancer pathway. The LWBC team can help you identify if you require any further support by completing a Holistic Needs Assessment. The LWBC team are based at Russells Hall Hospital and underpin the work of your clinical teams. You can receive support from both your clinical team and the LWBC team.

Holistic Needs Assessment (HNA)

A Holistic Needs Assessment (HNA) is a tool used to consider what matters to you as an individual, your priorities and your life choices. It can help health professionals identify any issues or concerns you may have, and ensure that you are provided with the appropriate information or signposted/referred to appropriate support and agencies.

You will be offered a HNA within the first ten days of your diagnosis. The process may be completed with your clinical nurse specialist (CNS) or key worker, or with a member of the LWBC team. An HNA can be done at any point during your treatment as circumstances can change. It is also useful to complete a HNA once hospital-based treatments end, to establish whether any community support is needed.

Carers also play a vital role in supporting people with cancer, and it is important that their needs for information, advice and support are addressed.

Addressing all of these needs is central to the National Cancer Survivorship Initiative (NCSI) and Person Centred Care Interventions so patients and families feel supported to enable them to lead as normal a life as possible.

The LWBC team will be happy to discuss any concerns with you, send out information or signpost/refer you to other services as appropriate.

They can be contacted on 01384 456111 ext. 5315 or by email at dgft.lwbcteam@nhs.net

Can I find out more?

If you have any further questions, you can contact your clinical nurse specialist on one of the following numbers or the LWBC team.

Dial **01384 456111** plus one of the following extension numbers:

	Extension number
Bowel cancer	2286
Breast cancer	2065 (8.30am to 5pm)
Chemotherapy	2028
Gynaecological cancer	3355
Haematology	2453
Head and neck cancer	2655 (8.30am to 4.30pm, not available on Thursdays)
Lung cancer	2752
LWBC	5315
Prostate cancer	2873
Skin cancer	3088
Upper GI cancer	2443 (8am to 4pm)
Urology cancer	2873

(9am to 5pm, Monday to Friday, unless otherwise stated).

All are based at Russells Hall Hospital.

Who is your clinical nurse specialist (CNS)?

As part of your care, you will be assigned a clinical nurse specialist (CNS). A CNS is a nurse who has a more specialist knowledge in your type of cancer. They will often meet you at your early appointments or follow up with a telephone call. Sometimes referred to as a specialist sister or key worker, they are your first point of contact with any clinical questions.

Your clinical nurse specialist is:

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References

Office for Public Management (2011) Evaluation of Health and Wellbeing Clinics. Final Report. Macmillan Cancer Support.

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/oncology/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta brosură poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔