

Discharge advice for patients having had a loop diathermy (LLETZ)

Gynaecology Department

Patient Information Leaflet

Introduction

Your colposcopy procedure was large loop excision of the transformation zone (LLETZ) which involves removal of abnormal cells. This helps to reduce the risk of developing cervical cancer in future.

The nursing staff wish you a speedy recovery following your procedure, and listed below is some advice we feel you may find useful. However, please remember that everyone is individual and recovers differently following surgery – it is quite normal to feel tired and weak for several days, but if this persists, please contact gynaecology outpatients or your General Practitioner (GP).

What should you normally expect after the procedure?

You may experience discomfort or period-like pain for a few hours after the procedure. If your pain is excessive or your painkillers do not relieve your pain, please contact your GP.

You may notice some bleeding, spotting or blood-stained discharge for two to four weeks after you have the procedure.

It is recommended not to use tampons for at least four weeks after the procedure. Instead, you can use sanitary towels or panty liners.

Your period may be different straight after the treatment, but it should soon settle into your usual pattern. You can have a bath or shower as normal.

Infection

Infection is very uncommon. It may appear as strong-smelling discharge, fever or severe pain in the tummy, or vaginal bleeding.

Although it is rare, it is possible that you may have a large bleed (heavier than usual period). We may need to use a stitch or vaginal pack to help stop the bleeding, which means you may have to stay in hospital for 24 to 48 hours.

These symptoms could develop immediately after treatment or anytime within the next 14 days.

If you develop any of these symptoms, contact your GP or gynaecology outpatients for advice, as you may need an examination and antibiotics.

Returning to work

You should be able to return to work and normal activities the day after you have your procedure.

We recommend that you do not have sex or go swimming until the discharge stops to allow the area to heal.

Your GP will be informed about the procedure you had today. You will also need to have a follow up smear test to check if the treatment has been successful. It is important that you have these tests.

Follow up

We will be sending you a letter with your results and details of your next cervical screening test. If you do not receive this letter within eight weeks of your last visit to the clinic, then please contact us.

Further information

If you have any other queries, or if there is anything you do not understand, please do not hesitate to ask a member of staff prior to discharge. Once again, the staff would like to wish you a speedy recovery.

If you have any questions, or if there is anything you do not understand about this leaflet, please contact:

Gynaecology outpatients on 01384 244584

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/obstetrics-and-gynaecology/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

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此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru va rugăm sunați la 0800 073 0510.

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