

Post arthrogram care sheet

Radiology Department Patient Information Leaflet

Aftercare

- Arrange for someone to collect you and take you home following the procedure.
- Take it easy for the rest of the day.
- You may eat and drink as normal.
- Keep your wound clean and dry for 24 hours. You may remove the dressing the following day.
- It is normal to feel some discomfort in the injection site for a day or two following the procedure. However, should the pain persist or be severe, seek medical advice.
- Keep a check on the injection site by looking for signs of bleeding or infection (bruising, swelling, redness).
- Observe for symptoms such as feeling dizzy/faint, feverish or generally unwell. If you feel unwell in the few days following the procedure, visit your GP as soon as possible (if out of hours, please attend your nearest walk-in centre or A&E department).
- You can move the joint as normal. The dye will disperse by itself throughout the day.

Please contact the Interventional Radiology Department on 01384 456111 ext. 1254 Monday to Friday, 9am to 5pm, if you need advice.

If you feel you need urgent medical attention or are worried about anything following the procedure outside of our normal opening hours, please attend your nearest walk-in centre or A&E department.

Russells Hall Hospital switchboard number: 01384 456111

This leaflet can be downloaded or printed from:

<http://dgft.nhs.uk/services-and-wards/radiology/>

If you have any feedback on this patient information leaflet, please email dgft.patient.information@nhs.net

This leaflet can be made available in large print, audio version and in other languages, please call 0800 073 0510.

للحصول على هذه النشرة بحجم أكبر، وعلى شكل إصدار صوتي و بلغات أخرى، الرجاء الاتصال بالرقم 08000730510.

此宣传单可提供大字版本、音频版本和其它语言版本，请拨打电话：0800 073 0510。

Ulotka dostępna jest również w dużym druku, wersji audio lub w innym języku. W tym celu zadzwoń pod numer 0800 073 0510.

ਇਹ ਪਰਚਾ ਵੱਡੇ ਅੱਖਰਾਂ, ਬੋਲ ਕੇ ਰੀਕਾਰਡ ਕੀਤਾ ਹੋਇਆ ਅਤੇ ਦੂਸਰੀਆਂ ਭਾਸ਼ਾਵਾਂ ਵਿਚ ਵੀ ਪ੍ਰਾਪਤ ਹੋ ਸਕਦਾ ਹੈ, 0800 073 0510 ਤੇ ਫੋਨ ਕਰੋ ਜੀ।

Aceasta broșura poate fi pusă la dispoziție tipărită cu caractere mari, versiune audio sau în alte limbi, pentru acest lucru vă rugăm sunați la 0800 073 0510.

یہ کتابچہ آپ کو بڑے حروف کی لکھائی، سمعی صورت اور دیگر زبانوں میں مہیا کیا جا سکتا ہے۔ برائے مہربانی فون نمبر 08000730510 پر رابطہ کریں۔