

Trust Headquarters
Russell's Hall Hospital
Dudley
West Midlands
DY1 2HQ

Ref: FOI-012026-0002181

Date: 03.03.2026

Address / Email:

Dear

Request Under Freedom of Information Act 2000

Thank you for requesting information under the Freedom of Information Act 2000.

Request

Please provide the current VTE prophylaxis regimen used by your organisation for the following groups of adult orthopaedic patients.

For each group, please provide the following three data items:

Agent (e.g., enoxaparin, DOAC, aspirin, none)

Dose

Duration (days)

1. Lower-limb immobilisation (non-operative injuries)
2. Fragility fractures of the pelvis, hip, or proximal femur
3. Non-arthroplasty knee surgery (e.g., arthroscopy, ligament repair, other non-arthroplasty knee procedures)
4. Foot and ankle orthopaedic surgery (including operative procedures requiring immobilisation)
5. Upper limb orthopaedic surgery
6. Elective primary hip replacement (THR)
7. Elective primary knee replacement (TKR)

If different regimens are used for “standard-risk” versus “high-risk” patients, please specify the regimen for the standard pathway.

If available, please also provide the relevant page(s) from your local VTE prophylaxis guideline for verification.

Response

Please see attached spreadsheet

For a copy of the spreadsheet please contact dgft.foi@nhs.net

For further information on orthopaedic surgery please go to the Trust website [Midlands Orthopaedic Centre](#)

[Useful documents - Midlands Orthopaedic Centre](#)

If you are dissatisfied with our response, you have the right to appeal in line with guidance from the Information Commissioner. In the first instance you may contact the Information Governance Manager of the Trust.

Information Governance Manager
Trust Headquarters
Russell's Hall Hospital
Dudley
West Midlands
DY1 2HQ
Email: dgft.dpo@nhs.net

Should you disagree with the contents of our response to your appeal, you have the right to appeal to the Information Commissioners Office at.

Information Commissioners Office
Wycliffe House
Water Lane
Wilmslow
Cheshire
SK9 5AF
Tel: 0303 123 1113
www.ico.org.uk

If you require further clarification, please do not hesitate to contact us.

Yours sincerely

Freedom of Information Team
The Dudley Group NHS Foundation Trust