

Trust Headquarters
 Russell's Hall Hospital
 Dudley
 West Midlands
 DY1 2HQ

Ref: FOI-032026-0002311

Date: 20.04.2026

Address / Email:

Dear

Request Under Freedom of Information Act 2000

Thank you for requesting information under the Freedom of Information Act 2000.

Request

Please provide the following (or the relevant policy document):

1. Non-arthroplasty knee surgery (e.g. arthroscopy/ACL):
 Agent, dose, duration, and any comments/risk criteria

2. Total Hip Replacement (THR):
 Standard-risk: agent, dose, duration
 High-risk: agent, dose, duration

3. Total Knee Replacement (TKR):
 Standard-risk: agent, dose, duration
 High-risk: agent, dose, duration

This request relates to institutional policy only and contains no patient-identifiable data.

Response

Please see below:-

CONDITION	TREATMENT	Enoxaparin	TED Stocking
NON ARTHROPLASTY CONDITION			
1. Lower-limb Injuries treated conservatively(No Surgery)	Plaster or Walking boot and Non weight bearing	4-6 weeks (Depending on weight bearing status)	4-6 weeks
2. Neck of Femur Fractures	NOF surgery (Fixation/ Hemi /THR)	4 weeks	4 weeks
3. Periprosthetic hip and knee Fractures	Fracture fixation	4-6 weeks	4-6 weeks

4.Knee Soft Tissue surgery	Arthroscopy , Ligament reconstruction (ACL/PCL),Partial Meniscectomy	Nil (Patient Full weight bearing Mobising Post Op	2 weeks
5.Knee Meniscal Repair	Arthroscopic Meniscal repair	4-6 weeks	4-6 weeks
6. Knee Tibial Pleateau Farcture Fixation	Fracture Fixation	4- 6 weeks	4-6 weeks
7. Foot and ankle orthopaedic surgery (including operative procedures requiring immobilisation)	Osteotomy / Fusion / Ligament reconstruction	4-6 weeks	4 weeks
8. Upper limb orthopaedic surgery	Fixation / Arthroplasty / Arthroscopy	Nil	Nil

ARTHROPLASTY SURGERIES

9. Elective primary hip replacement (THR)	Total Hip Replacement	4 weeks	4 weeks
10. Elective primary knee replacement (TKR)	Total Knee Replacement	2 weeks	4 weeks
11 . Elective Total Ankle Replacement	Total Ankle Replacement	6 weeks	4 weeks (Non operative leg)
12.Elective Total Shoulder Repalcement	Total Shoulder replacement	Nil	Nil

If you are dissatisfied with our response, you have the right to appeal in line with guidance from the Information Commissioner. In the first instance you may contact the Information Governance Manager of the Trust.

Information Governance Manager
Trust Headquarters
Russell's Hall Hospital
Dudley
West Midlands
DY1 2HQ
Email: dgft.dpo@nhs.net

Should you disagree with the contents of our response to your appeal, you have the right to appeal to the Information Commissioners Office at.

Information Commissioners Office
Wycliffe House
Water Lane
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Wilmslow
Cheshire
SK9 5AF
Tel: 0303 123 1113
www.ico.org.uk

If you require further clarification, please do not hesitate to contact us.

Yours sincerely

Freedom of Information Team
The Dudley Group NHS Foundation Trust